

# Moscow's A&O

Count: 32

Wand: 4

Ebene: Beginner / Novice Lilt

Choreograf/in: Petra Kieseletter (DE) & Georg Kieseletter (DE) - April 2009

Musik: Miss Kiss Kiss Bang (Radio Version) - Alex Swings Oscar Sings! : (German contribution to Eurovision Song Contest 2009)



**Start with lyrics after 8 beats intro**

## **Sugar Foot, Lindy Right**

- 1 RF forward with heel pointing inward. While taking weight twist heels outward
- 2 LF forward with heel pointing inward. While taking weight twist heels outward
- 3 RF forward with heel pointing inward. While taking weight twist heels outward
- 4 LF forward with heel pointing inward. While taking weight twist heels outward
- 5 RF sideward
- a LF together
- 6 RF sideward
- 7 LF behind RF
- 8 RF take weight again

## **Lindy Left, Kick, Kick Diagonally Right into Point Switches (l-r)**

- 1 LF sideward
- a RF together
- 2 LF sideward
- 3 RF behind RF
- 4 LF take weight again
- 5 RF kick forward
- 6 RF kick diagonally right
- a RF together
- 7 LF point sideways left
- a LF together
- 8 RF point sideways right

**Restart here during 4th round (after 16 beats instrumental).**

## **Shuffle Forward, $\frac{3}{4}$ Spiral (cw), Side into Knee Flaps w. Bounces**

- 1 RF forward
- a LF behind RF
- 2 RF forward
- 3 LF cross in front
- 4 LF turn three quarters clockwise on left ball. Right Tip remains in original place

**Restart here during 10th round (after 20 beats starting with step dance sounds through a saxophone solo).**

- 5 RF place sideward without weight
- a lift onto balls and open knees
- 6 drop both heels, flap knees inward and shift weight a bit towards right
- a lift onto balls and open knees
- 7 drop both heels, flap knees inward and shift weight a bit towards right
- a lift onto balls and open knees
- 8 RF drop both heels, flap knees inward and take weight on right

## **Kick-Ball-Cross, Kick-Ball-Cross, Side into Knee Flaps w. Bounces**

- 1 LF kick diagonally forward left
- a LF step onto ball close to right
- 2 RF cross in front

- 3 LF kick diagonally forward left
- a LF step onto ball close to right
- 4 RF cross in front
- 5 LF place sideward without weight
- a lift onto balls and open knees
- 6 drop both heels, flap knees inward and shift weight a bit towards left
- a lift onto balls and open knees
- 7 drop both heels, flap knees inward and shift weight a bit towards left
- a lift onto balls and open knees
- 8 LF drop both heels, flap knees inward and take weight on left

**Start Again...**

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