

The Bra Dance

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Ross Brown (ENG) - May 2009

Musik: Jag Ljuger Så Bra - Linda Bengtzing : (CD: Ingenting Att Forlora - 3:04)



Intro: 24 Counts (Approx. 20 Secs)

BALL, CROSS. KICK BALL CROSS. SIDE. SAILOR STEP. ROCK BACK ¼ TURN R, RECOVER.

- &1 Step slightly back with right, cross step left over right.
- 2&3 Kick right foot forward to right diagonal, step right next to left, cross step left over right.
- 4 Step right to the right.
- 5&6 Cross step left behind right, step right to the right, step left to the left.
- 7-8 Make a ¼ turn right rocking back with right, recover onto left.(3 o'clock)

SHUFFLE ½ TURN L. ROCK BACK, RECOVER. STEP, STEP, PIVOT ¼ TURN L, CROSS.

- 1&2 Shuffle a ½ turn left stepping; right, left, right.
- 3-4 Rock back with left, recover onto right.
- 5-6-7-8 Step forward with left, step forward with right, pivot a ¼ turn left, cross step right over left.(6 o'clock)

TOUCH; FORWARD, SIDE. TOGETHER, SIDE, SLIDE. TOUCH; FORWARD, SIDE. TOGETHER, SIDE ROCK, RECOVER.

- 1-2 Touch left foot forward, touch left foot to the left.
- &3-4 Step left next to right, step right to the right, slide left up to right.

[Weight stays on Right]

- 5-6 Touch left foot forward, touch left foot to the left.
- &7-8 Step left next to right, rock right to the right, recover onto left.(6 o'clock)

CROSS, SIDE, TOGETHER. CROSS, HITCH ½ TURN L. SIDE STOMP, HOLD. SAILOR ¼ TURN L.

- 1-2& Cross step right over left, step left to the left, step right next to left.
- 3-4 Cross step left over right, make a ½ turn left hitching right knee up.
- 5-6 Stomp right to the right, hold for 1 count.
- 7&8 Make a ¼ turn left stepping; left behind right, right next to left, forward with left. (9 o'clock)

CROSS, SIDE, TOGETHER. CROSS, SIDE, TOGETHER. ROCK FORWARD, RECOVER. SHUFFLE ½ TURN R.

- 1-2& Cross step right over left, step left to the left, step right next to left.
- 3-4& Cross step left over right, step right to the right, step left next to right.
- 5-6 Rock forward with right, recover onto left.
- 7&8 Shuffle a ½ turn right stepping; right, left, right. (3 o'clock)

CROSS, SIDE, TOGETHER. CROSS, SIDE, TOGETHER. ROCK FORWARD, RECOVER. SHUFFLE ½ TURN L.

- 1-2& Cross step left over right, step right to the right, step left next to right.
- 3-4& Cross step right over left, step left to the left, step right next to left.
- 5-6 Rock forward with left, recover onto right.
- 7&8 Shuffle a ½ turn left stepping; left, right, left. (9 o'clock)

TOUCH; FORWARD, SIDE. SAILOR ¼ TURN R. STEP, PIVOT ½ TURN R. STEP, SLIDE.

- 1-2 Touch right foot forward, touch right foot to the right.
- 3&4 Make a ¼ turn right stepping; right behind left, left next to right, forward with right.
- 5-6 Step forward with left, pivot a ½ turn right.
- 7-8 Step forward with left, slide right up to left. [Weight stays on Left](6 o'clock)

TOUCH; FORWARD, SIDE. SAILOR $\frac{1}{4}$ TURN R. STEP, PIVOT $\frac{1}{2}$ TURN R. STEP, SLIDE.

1-8 Repeat the Previous Section. (3 o'clock)

End of Dance. Start again and Enjoy!
