

Bim Bam

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Kenny Teh (MY) - March 2009

Musik: Bim Bam - Dancelife



Start dance on vocals (32 counts) after the music starts

KICK TWICE, ROCK, RECOVER, ROCKING CHAIR WITH ¼ TURN LEFT

1 2 3 4 Kick right twice, rock back right, recover left

5 6 7 8 Rock right fwd, recover left, rock right back, recover left

(Do these 4 steps completing ¼ turn left (9.00))

ROCK, RECOVER, ½ TURN RIGHT, ROCK FWD, HOLD, COASTAL ½ TURN RIGHT, HOLD

1 2 3 4 Rock right fwd, recover left, ½ turn right step fwd right, hold (9.00)

5 6 7 8 Step left fwd, ½ turn right step right beside left, step left fwd, hold (3.00)

CHARLESTON

1 2 3 4 Swing right back to front, hold, swing right front to back and step down on right, hold

5 6 7 8 Swing left front to back, hold, swing left back to front and step down on left, hold

OUT, OUT, BACK, BACK, PUSH HIPS ONE COMPLETE CIRCLE

1 2 3 4 Step right diagonally right, step left diagonally left, step back right to centre, step back left to centre

5 6 7 8 Push both hips forward towards left diagonal , push both hips back towards left diagonal, push both hips back towards right diagonal, push both hips forward towards right diagonal

(You should bend both knees when doing counts 5 – 8)

Repeat