Don't Get No Sand In It



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Paula Baker (USA) - March 2009

Musik: Don't Get No Sand In It - Billy Pierson: (www.billypiersonmusic.com)



CROSS POINT, 1/4 SAILOR STEP, FULL TURN, MAMBO

1-2	Cross laf	t over right	noint righ	t out to side
1-2	CIUSS IEI	t over nam	. DOILL HAL	it out to side

Step right behind left making 1/4 turn right, step left to left, step right to right
1/2 turn right step back on left, 1/2 turn right step right forward (or WALK)

7&8 Rock forward on left, recover on right, step left next to right (3:00)

COASTER, 1/2 TURN RIGHT, 1/2 TURNING TRIPLE, SWEEP X 2

1&2 Step right back, step together with left, forward with right3-4 Step left forward, make 1/2 turn right (wt. on right)

5&6 Make 1/2 turn right stepping left, right, left

7-8 Sweep right from front to back & step, sweep left from front to back & step

SAILOR STEP 1/4 TURN, STEP TOUCH X 2, JAZZ BOX W/TURN

1&2 Step right behind left making 1/4 turn right, step left to side, step right to side

3-4 Step forward on left, touch right to side5-6 Step forward on right, touch left to side

7&8 Cross left over right, step back on right, step to left making 1/4 turn left (3:00)

HEEL AND HEEL, SWAY RIGHT & LEFT, HEEL AND HEEL, SWAY LEFT & RIGHT

Touch right heel forward, step back on right, touch left heel forward

&3,4 Step back on left, and step to right swaying hips right, then left (wt. on left)

&5&6 Step back on right, touch left heel forward, step back on left, touch right heel forward

&7,8 Step back on right, step to left swaying hips left, then right (wt. on right)

Re-start at Wall 5 -- Do first 16 counts of dance and add an "&" count by stepping back on right to start dance over with left.