

# Bahama Mama

Count: 0

Wand: 4

Ebene: Phrased Intermediate

Choreograf/in: Kenny Teh (MY) - December 2008

Musik: Bahama Mama - Boney M.



Sequence: A, B, A, Tag 1, A, B, A, B, Tag 2, A, B, A, Tag 3

Start dance on vocals. ( 8 X 8 ) after the music starts

## Section A=32 counts

### ROCKING CHAIR, ROCK, RECOVER, CHASSE

1-4 Step left over right facing diagonally right, recover, step left to left, recover

( Spread out your hands for count 1 and by count 3 withdraw and cross them )

5-8 Step left over right facing diagonally right, recover

( Spread out your hands for count 5 again )

7&8 Chasse to the left

1-8 Mirror the above 8 steps

### STEP, ½ TURN FLICK, SHUFFLE, ½ TURN, ½ TURN SHUFFLE

1-2 3&4 Step left fwd, ½ turn left with ball of left and flick right, shuffle RLR

5-6 1/2 turn right step back on left, ½ turn right step fwd on right

7&8 Shuffle fwd LRL

1-8 Mirror the above 8 steps

## Section B=32 counts

### ¾ ARC, STEP, TOUCH, STEP, TOUCH

1&2&3&4 Step left fwd, step right behind left, left fwd, step right behind left, Step left fwd, step right behind left, step left fwd

( The above steps are danced so that you make a ¾ ARC left, ending facing 3 o'clock. You should be using the ball of the right only for the above steps )

5-6 Step right to right facing diagonally left, touch left beside right and click fingers

7-8 Step left to left facing diagonally right, touch right beside left and click fingers

### ¼ SHUFFLE, ½ TURN SHUFFLE, ½ TURN SHUFFLE, STEP, TOUCH

1&2 3&4 ¼ right shuffle fwd RLR, 1/2 right shuffle back LRL

5&6 7-8 ½ right shuffle fwd RLR, step left fwd, touch right beside left

### BACK SHUFFLE X2, SHIMMY X2

1&2 3&4 Shuffle back RLR facing diagonally right, shuffle back LRL facing diagonally left

5&6 Big step right shimmy shoulders, at the same time leaning to the right

7&8 Big step left shimmy shoulders, at the same time leaning to the left

### BACK STEP, STEP, STEP, TOUCH, ¼ TURN STEP, TOUCH, ½ TURN STEP, TOUCH

1-2 Step right back and push right shoulder back, step left back and push left shoulder back,

3-4 Step right back and push right shoulder back, touch left beside right

5-6 ¼ turn left step fwd left, touch right beside left and clap

7-8 1/2 turn right step fwd right, touch left beside left and clap

## Tag 1 = 12 counts

### SHIMMY LEFT, SHIMMY RIGHT, STEP, TOGETHER, STEP, TOUCH

1&2 Big step left shimmy shoulders, at the same time leaning to the left

3&4 Big step right shimmy shoulders, at the same time leaning to the right

5-8 Step left to left, step right beside, step left to left, touch right beside left and clap

**FULL CIRCLE RIGHT STEP, STEP, STEP, TOUCH**

1-4 Making a full right circle on the spot, step RLR, touch left beside right

( Note: this is not a rolling vine )

**Tag 2 = 16 counts**

**SHIMMY LEFT, SHIMMY RIGHT, STEP, TOGETHER, STEP, TOUCH**

1&2 Big step left shimmy shoulders, at the same time leaning to the left

3&4 Big step right shimmy shoulders, at the same time leaning to the right

5-8 Step left to left, step right beside, step left to left, touch right beside left and clap

**FULL CIRCLE RIGHT STEP, STEP, STEP, TOUCH,STEP, TOUCH, STEP, TOUCH**

1-4 Making a full right circle on the spot, step RLR, touch left beside right

( Note: this is not a rolling vine )

5-8 Step left to left, touch right beside left and clap, step right to right, touch left beside right and clap

**Tag 3 = 11 counts**

**SHIMMY LEFT, SHIMMY RIGHT, STEP, TOGETHER, STEP, TOUCH**

1&2 Big step left shimmy shoulders, at the same time leaning to the left

3&4 Big step right shimmy shoulders, at the same time leaning to the right

5-8 Step left to left, step right beside, step left to left, touch right beside left and clap

**FULL CIRCLE RIGHT STEP, STEP, STEP**

1-3 Making a full right circle on the spot, step RLR

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