Be Good To Me



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Marjorie Barnabas-Shaw (MY) - December 2008

Musik: Just Be Good to Me - The S.O.S. Band: (Single from Album: On The Rise)



Intro Count: Start on vocals

A. CROSS ROCK RIGHT & HITCH, KICK, KICK DIAGONALLY FORWARD, ROCK BACK & MAMBO 1/4 TURN RIGHT.

1&2 Cross rock right over left. Recover onto left. Hitch right knee.3-4 Kick right foot forward. Kick right foot diagonally forward.

5-6 Rock back right. Recover onto left.

7&8 Rock forward right. Recover onto left. Step 1/4 right on right.

B. CROSS SHUFFLE, BACK SHUFFLE, SIDE LEFT, CROSS BACK, 1/4 LEFT, CROSS SHUFFLE.

1&2 Cross left over right. Step right to right side. Cross left over right.

3&4 Step back right. Close left beside right. Step back right.

Step left to left side. Cross right behind left. Step 1/4 left on left.
Cross right over left. Step left to left side. Cross right over left.

C. LEFT COASTER CROSS, SIDE RIGHT, CROSS LEFT, SIDE & KICK, SIDE & KICK, RIGHT COASTER STEP.

1&2 Step back left. Step right to right side. Cross left over right.

Rock side right. Recover onto left. Kick right foot diagonally forward (11 o'clock).
Rock side right. Recover onto left. Kick right foot diagonally forward (11 o'clock).

7&8 Step back right. Step left beside right. Step forward right.

D. 1/4 LEFT, FORWARD RIGHT-LEFT, SIDE ROCK & CROSS (2x), SIDE RIGHT-LEFT.

Step 1/4 left on left foot. Step forward right. Step forward left.
Rock side right. Recover onto left. Cross right over left.
Rock side left. Recover onto right. Cross left over right.
Rock side right. Rock side left.

~ * ~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~ * ~