

A Toast To Life

Count: 68

Wand: 4

Ebene: Intermediate

Choreograf/in: BM Leong (MY) - December 2008

Musik: Ren Sheng Shi Ku Bei - Huang Qing Yuan



Intro: 32 counts, starting on vocal.

KICK, CROSS, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE

- 1-2 Kick right forward to right diagonal, cross right over left twisting left heel to right side
- 3&4 Shuffle backward on LRL
- 5-6 Rock right back, recover onto left
- 7&8 Shuffle forward on RLR

KICK, CROSS, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE

- 1-2 Kick left forward to left diagonal, cross left over right twisting right heel to left side
- 3&4 Shuffle backward on RLR
- 5-6 Rock left back, recover onto right
- 7&8 Forward shuffle on LRL

POINT, BEHIND, SIDE, CROSS, SCUFF, CROSS, SIDE, BEHIND

- 1-2 Point right to right side, cross right behind left twisting left heel to right side
- 3-4 Step left to left side, cross right over left
- 5-6 Scuff left, cross left over right twisting right heel to left side
- 7-8 Step right to right side, cross left behind right

TOUCH, KICK, SAILOR-CROSS X 2

- 1-2 Touch right beside left bending knees, kick right to right side
- 3&4 Cross right behind left, step left to left side, cross right over left
- 5-6 Touch left beside right bending knees, kick left to left side
- 7&8 Cross left behind right, step right to right side, cross left over right

ROCKING CHAIR, PIVOT TURN, FORWARD SHUFFLE

- 1-4 Rocking chair on RLRL
- 5-6 Rock right forward, pivot 1/2 turn left
- 7&8 Shuffle forward on RLR

ROCKING CHAIR, QUARTER TURN, CROSS SHUFFLE

- 1-4 Rocking chair on LRLR
- 5-6 Rock left forward, pivot 1/4 turn right
- 7&8 Cross shuffle on LRL

SLOW CROSS SHUFFLE - HITCH X 2

- 1-2 Cross right over left, step left behind right heel
- 3-4 Cross right over left, hitch left
- 5-6 Cross left over right, step right behind left heel
- 7-8 Cross left over right, hitch right

CROSS, BOUNCE X 3, BACK ROCK, FORWARD SHUFFLE

- 1-4 Cross right over left bouncing both heels 4 times and turning 1/2 left
- 5-6 Rock left back, recover onto right
- 7&8 Shuffle forward on LRL

SIDE, TOUCH, SIDE, TOUCH

1-2 Step right to right side, touch left beside right
3-4 Step left to left side, touch right beside left

RESTART during walls 2 & 4 after 32 counts.

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