Nightbird



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: William Sevone (UK) - October 2008

Musik: Queen of the Night - Whitney Houston: (The Bodyguard OST)



Choreographers note:- There are three restarts within the dance – read note for 'extra' step.

Don't let the 'Bpm' fool you – it's a fast moving dance.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on the word 'stuff' as in "I've got the stuff that you want" *5 secs into the drum intro.

Hitch 1/4 Bwd. Coaster. Hitch 1/2 Bwd. Coaster (9:00).

1 – 2	Hitch right knee &	& start to turn $1/4$	riaht. Comi	olete ¼ riaht 8	& step right back	ward (3).

3& 4 Step left backward, step right next to left, step left forward.

5 – 6 Hitch right knee and start to turn ½ right. Complete ½ right & step right backward (9).

7& 8 Step left backward, step right next to left, step left forward.

Shoulder 1/4 Turn x5. Cross. Touch. Cross Shuffle (see RESTART note) (12:00)

9 – 10 Turning upper body/shoulders only – turn ¼ right. Turn ¼ left

11& 12 Turning upper body/shoulders only – turn ¼ right, turn ¼ left, turn ¼ right.

Dance note: Count 12: swivelling on feet - turn WHOLE body to face 12:00

13 – 14 Cross left over right. Touch right to right side.

15& 16 Step right behind left, step left to left side, cross right over left.

RESTART: Walls 4. 7 and 9: after count 16 add -

'&.....Step left to left side' (in effect, an extended cross shuffle)

Diagonal Step. Side. Bending Body Roll. Touch. 1/4 Left Fwd (9:00)

17 – 18	Step left diagonally right. Start to bend knees whilst stepping right to right side.
19 – 20	Knees still bent – move body to centre. Leaning to left transfer weight to left.
21 – 22	Knees still bent – move body to centre. Leaning to right transfer weight to right.
23 – 24	Straightening up – touch left next to right. Turn ¼ left & step forward onto left (9).

Style note: 18-22: The movement is 'fluid' - roll into it. (Hands on knees for extra balance and visual effect)

High Hitch. Bwd. 3/4 Left. Behind. 3x Pendulum Touch. 1/4 Right Together-Fwd (3:00)

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25 – 26	HITCH FIGHT KNEE HIGH (rassina riant aver le	ft – step right backward.
20 20	Thich right knee riigh.	nossing ngni over ic	it stop right backward.

27 – 28 Unwind ¾ left (weight on right) (12). Step left behind right.

29 – 30 Leaning left – touch right to right side. Leaning right – cross touch right over left

Leaning left – touch right to right side, turning ½ right – step right next to left, step left forward

(3).

Style note: 29-30: Pendulum action

DANCE FINISH: All the 12's: Wall 12 (incl restarts) Count 12 and facing 12:00