Shake The Room

Ebene: Intermediate

Choreograf/in: Diane Lee (UK) & Stacie Head (UK) - October 2008

Musik: Boom! Shake the Room - DJ Jazzy Jeff & The Fresh Prince : (Album: Collections, Various 80's compilations)

Count In – 16 Counts

Count: 32

Section 1: Side Stomp, Hold, Sailor Step, Together, Side Stomp, Hold, Sailor Step 1 - 2 Stomp right to right side, HOLD 3 & 4 Left sailor step - step left behind right, step right to right side, step left in place & 5 – 6 Step right next to left (&), Stomp left to left side (5). HOLD (6) 7 & 8 Right sailor step - step right behind left, step left to left side, step right in place Styling – on the two HOLD steps, you can bounce the knees for a little "hip-hop" attitude On the Chorus', the hold comes on the words "shake, shake" - so "Shake" ! Section 2: Left Rock Recover, Left Sailor Step, Walk x2, Rock Recover 1/4 1 - 2 Rock forward on the left, Recover weight back on right 3 & 4 Left coaster step - Step back on left, step right next to left, step forward left 5 – 6 Walk forward right, left Styling - with attitude 7 & 8 Rock forward on the right, Recover weight back onto the left, Make ¼ right stepping right to right side Section 3: Left Rocks Forward & Side & Coaster Step. Mirror on the Right 1&2& Rock forward left, Recover weight back onto right, Rock left to left side, Recover weight back onto right 3&4 Left coaster step - Step back on left, step right next to left, step forward left 5&6& Rock forward right, Recover weight back onto left, Rock right to right side, Recover weight back onto left 7 & 8 Right coaster step – Step back on right, step left next to right, step forward right Section 4: ¹/₄ Right Hip Push, ¹/₄ Right Hip Push, Step ¹/₂ Pivot 1&2 Turn ¼ right touching left toe to left side and push/bump left hip left, right, left 3&4 Turn ¼ right touching right toe forwards and push/bump right hip forward, back forward 5 – 6 Step forward left, ¹/₂ pivot right (weight ends right) 7 & 8 EASY OPTION :- Step forward left, make 1/4 pivot right (weight ends right), Stomp left next to right

HARD OPTION :- Triple 1 ¼ turn over right shoulder stepping left, right, left NB – it's quick and you need to make the turn as much on the spot as possible ! Try and end with a left "stomp" to help you stop the turn

!!! START THE DANCE AGAIN – SMILE !!!





Wand: 2