Now And Forever



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Andy Chumbley (USA) - June 2008

Musik: Now and Forever - Richard Marx



Intro: 16 count intro.starts prior to vocals

Rock Recover, 1/4 Turn Le

1&2	Rock left behind right, recover on right, step left on left
3&4	Rock right behind left, recover on left, step right on right

5&6 Stepping back on left turn 1/4 turn to left, step back slightly on right, cross left over right
7&8 1/4 turn left stepping back on right, 1/2 turn left stepping forward on left, 1/4 turn left stepping

right to right (9:00)

Rock Recover, 1/4 Turn Left, 1/4 Turn Right, 1/4 Turn Left, Back Step Cross

1&2	Rock left behind right, recover on right, step left to left
3&4	Rock right behind left, step left 1/4 turn to left, step forward on right

Step forward on left, 1/4 turn right transferring weight to right, cross left over right

7&8 1/4 turn left stepping back on right, step back diagonally on left, cross right over left (6:00)

Sway X2, Side Shuffle, 1/4 Turn Left, 1/2 Turn Right

1-2&3	Sway left, sway right, step left behind right, cross right over left
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4&5 Step left to left, step right next to left, step left to left

Step right behind left, step left 1/4 turn to left, step forward on right Step forward on left, 1/2 turn right stepping forward on right (9:00)

Make 1/2 Turn Right, Coaster Step, Lockstep, Pivot, Side Rock Recover

1	1/2 turn right stepping back on left	
	1/2 tutti tiutit steppiliu pack oti lett	

2&3	Step back on right, step left next to right, step forward on right
4&5	Step forward on left, step right behind left, step forward on left

Step forward on right, pivot 1/2 turn left stepping forward on left, step forward on right

8& Rock left to left, recover on right (9:00)

Repeat

Option: the music slows on the 8th wall, section 3, counts 8&1 will put you on the front wall where you can spread your arms out waist high, palms out for a nice finish.