

Follow You Follow Me

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Helen P. Benjaminsen - July 2008

Musik: Follow You Follow Me - Genesis : (CD: And Then There Were Three)



Intro: 32 count intro

Sway R And L, Full Turn To R. Rock, Recover, Coaster Step

1, 2 Sway right and left
3 & 4 full turn to right (r, l, r)
5, 6 rock, recover (r, l)
7 & 8 coaster step (r, l, r)

Make 1/4 Turn To R W/Sweep, Mambo Step, Rock, Recover, Full Turn

1, 2 ¼ turn to right on right with left sweep
3 & 4 mambo step (l, r, l)
5, 6 rock, recover (r, l)
7 & 8 full turn (r, l, r)

Make 1/4 Turn To L W/Sweep, Mambo Step, Rock, Recover, Full Turn

1, 2 ¼ turn to left on left with right sweep
3 & 4 mambo step r, l, r)
5, 6 rock, recover (l, r)
7 & 8 full turn (l, r, l)

Step On R And L, Behind, 1/4 Turn, Step, High Kick, Back, 1/4 Sailor Turn

1, 2 Step on right and left
3 & 4 right behind, ¼ turn with left, step on r
5, 6 high kick with left, back on right
7 & 8 ¼ sailor turn (l, r, l)

Step On L And R, Behind, 1/4 Turn, Step, 2 X 1/4 Turns To R, Coaster Step

1, 2 Step on left and right
3 & 4 left behind, ¼ turn with right, step on l
5, 6 2 x ¼ turns to right (r, l)
7 & 8 coaster step (r, l, r)

Step L Forward, 1/4 Turn To R, Cross & Cross, Rock, Recover, Behind, Side, Cross

1, 2 Step l forward, step ¼ turn to r on r
3 & 4 cross & cross (l, r, l)
5, 6 step to r on r, recover on l
7 & 8 step r behind l, step l to l, cross r over l

Rock, Recover, Step 1/2 Turn & Cross, Syncopated Weave With Tap To R

1, 2 Step l to l, step on right
3 & 4 1/2 turn to r on l, step r to r, cross l over r
5, 6 & Step r to r, step l behind r, step r to r,
7, 8 cross l over r, tap r toe to r

Tap R Behind, 1/2 Turn, L Shuffle, Cross R Close Over L, Unwind, Step To L With Drag

1, 2 Tap r toe behind, turn ½ turn to r putting weight on r
3 & 4 shuffle forward (l, r, l)

5, 6 cross r close over l, unwind,
7, 8 step a long step to l on l, drag r beside l

RESTART: On Wall 2 After The First 32 Counts.

When entering the restart change the weight to left foot with a step on the off-beat

To enjoy this dance please use the dance floor to make the movements visible and flowing!
