

# New Double Trouble

Count: 32

Wand: 4

Ebene: Beginner Polka

Choreograf/in: Louise Elfvengren (NOR) - July 2008

Musik: Double Trouble - Travis Tritt & Marty Stuart : (CD: The restless kind)



Intro: 24 Counts.

Alternavtive music:

The Chieftains & Ricky Skaggs – Cotton eyed Joe; 16 counts intro.

Irish music fits very well, like Shamrocks – Ballymore Boys.

## SECTION 1: HEEL GRIND $\frac{1}{4}$ , COASTERSTEP, SHUFFLE, $\frac{1}{2}$ SHUFFLETURN

- 1-2 Dig right heel and turn  $\frac{1}{4}$  right (weight on left foot) (3)  
3&4 Step back onto right, bring left in place, step forward on right  
5&6 Step left forward, step right next to left, step left forward  
7&8 Turn  $\frac{1}{2}$  right stepping right-left-right (9)

## SECTION 2: CHASSE LEFT, SHUFFLE, $\frac{1}{4}$ CHASSE LEFT, HEEL HOOK

- 1&2 Step left to left side, close right beside left, step left to the side  
3&4 Step right forward, step left next to left, step right forward  
5&6 Turn  $\frac{1}{4}$  left forward, close right beside left, step left to the side (12)  
7-8 Right heel forward, hook right foot over left leg

## SECTION 3: SHUFFLEBOX

- 1&2 Step right to right side, close left beside right, step right to the side (12)  
3&4 Turn  $\frac{1}{4}$  left , close right beside left, step left to the side ( 9)  
5&6 Turn  $\frac{1}{4}$  right, close left beside right, step right to the side ( 6)  
7&8 Turn  $\frac{1}{4}$  left , close right beside left, step left to the side ( 3)

## SECTION 4: JAZZBOX $\frac{1}{4}$ TURN X 2

- 1-4 Cross step right over left, step left back, step right to right side, step left beside right (6)  
5-8 Cross step right over left, step left back, step right to right side, step left beside right (9)

**Note: When music gets faster make sure to take polkasteps when you dance**

**ENJOY THE DANCE**

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