

# The Wind Beneath

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Sandra Tool (NL) - March 2008

Musik: The Wind Beneath My Wings - Trudy Kits



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**Side, cross behind, replace, side, spin roll  $\frac{3}{4}$  turn R, step,  $\frac{1}{2}$  turn R, back, back rock, walk 2x**

- 1-2 RF step to right side, LF cross behind RF (5e pos.)  
&3 RF step in front LF, LF step to left side  
&4  $\frac{3}{4}$  turn right met RF cross in front of LF (spin roll), RF step forward  
&5  $\frac{1}{2}$  Turn right and LF step back, RF step back  
6& LF rock back, RF recover  
7-8 LF step forward, RF step forward

**Rock fwr,  $\frac{1}{2}$  turn L,  $\frac{1}{4}$  turn L, side, back rock, side, rock fwr & side, cross 1/1 turn L, ronde & behind**

- 1&2 LF rock fwr, RF recover, draai  $\frac{1}{2}$  linksom and LF step fwr  
3&4  $\frac{1}{4}$  Turn left en RF step to right side, LF cross behind RF, RF step to right side  
5&6 LF rock in front of RF, RF recover, LF step to the left  
7-8 RF cross in front of LF, turn 1/1 left and LF rondé from front to back  
& LF step behind RF

**Side, cross,  $\frac{1}{4}$  turn L 2x, side, back rock  $\frac{3}{4}$  turn, back, back rock 2x, ronde back rock, step fwr**

- 1 RF step to right side  
2&3 LF cross in front of RF, turn  $\frac{1}{4}$  L en RF step behind, turn  $\frac{1}{4}$  L en LF step to left side  
4&5 RF rock back, LF recover, turn  $\frac{3}{4}$  left, RF rock back  
6&7 LF rock back, RF recover, LF rock back  
& RV rondé to the back  
8&1 RV rock back, LV recover, RV step fwr

**Step fwr, 1/1 turn L, step-pivot-side step, back rock, side, hip bumps L-R-L**

- 2&3 LF step fwr and triple 1/1 turn forward stepping L-R-L  
4&5 RF step fwr, LF  $\frac{1}{2}$  turn left, RF step to right side  
6&7 LF rock behind RF, RF recover, LF step to left side & move hip to left  
8& Hip sways right and left

**TAG: after the 3de wall**

- 1-4 Hip moves to the right, left, right, left
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