Baila Baila



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Mikael Mölsä (FIN) - June 2008

Musik: Baila Baila - Chayanne : (CD: Volver A Nacer)



Starting point: At vocals, at about 0:14.

Mambo Forward, Mambo Back, Merengue Steps To Right

Step right forward, recover weight to left, step right next to left Step left back, recover weight to right, step left next to right

5-6 Step right to side, step left next to right7-8 Step right to side, step left next to right

Note: Bend your knees inwards a bit when stepping the merengue steps. You can also do the merengue steps at a double-speed stepping side-next-side-next-side-next (5&6&7&8&) should you find the normal steps too slow.

Side Mambo, Side Mambo With A Touch, Merengue Steps To Left

Step right to side, recover weight to left, step right next to left Step left to side, recover weight to right, touch left next to right

5-6 Step left to side, step right next to left7-8 Step left to side, touch right next to left

Note: Bend your knees inwards a bit when stepping the merengue steps. You can also do the merengue steps at a double-speed stepping side-next-side-next-side-touch (5&6&7&8&) should you find the normal steps too slow.

Cross, Back, Side, Cross, Back, Side, Cross Steps

Step right across left, step left back, step right to side Step left across right, step right back, step left to side

5& Step right across left, step left to side6& Step right across left, step left to side

7&8 Step right across left, step left to side, step right across left

Side Rock, Behind-Turn-Forward, Cross-Turn-Side, Behind-Turn-Side

1-2 Rock left to side, recover weight back to right

3&4 Step right behind left, turn ¼ to right and step right forward, step left forward (03:00)

5&6 Step right ac ross left, turn ¼ to right and step left back, step right to right diagonal (06:00)

7&8 Step left behind right, turn ¼ to right and step right forward, step left to side (09:00)

Repeat