## Set Your Spirit Free

**Count: 32** 

Ebene: Improver

Choreograf/in: Malene Jakobsen (DK) - June 2008

Musik: Angel Eyes - Tamara Walker : (Album: Wings of a Dove, Vol. 2)

## Start : 32 counts from the beginning - 21 seconds into track, just before vocals There is one easy restart on wall 8 (1-8) Step, point forward, point back, 1/2, shuffle 1/2, coaster step 1-2 Step forward on R, point L toes forward 3-4 Point L toes back, on ball of R turn 1/2 L – moving weight to L 06.00 Make 1/4 turn L stepping R to R side, close L beside R, make 1/4 L stepping back on R 12.00 5&6 7&8 Step back L, step R next to L, step forward on L (9-16) Ball, step, point forward, point back, ½, shuffle ½, coaster step & Step R next to L 1-2 Step forward on L, point R toes forward 3-4 Point R toes back, on ball of L turn 1/2 R – moving weight to R 06.00 Make 1/4 turn R stepping L to L side, close R beside L, make 1/4 R stepping back on L 12.00 5&6 7&8 Step back on R, step L next to R, step forward on R (17-24) Sways, shuffle ¼, ¼, sways, chasse Step L slightly to L side swaying L, then R 1-2 Turn ¼ L stepping forward on L, step R next L, step forward on L 09.00 3&4 NOTE: Restart here on wall 8, you'll be facing the back wall Turn ¼ L stepping R to R side swaying R, then L 06.00 5-6 7&8 Step R to R side, step L next to R, step R to R side (25-32) Back rock, 1/4, 1/2, rocking chair Rock back on L, recover onto R, turn 1/4 R stepping back on L 09.00 1&2 3-4 Turn <sup>1</sup>/<sub>2</sub> R stepping forward on R, step forward on L 03.00

- 5-6 Rock forward on R, recover onto L
- 7-8 Rock back on R, recover onto L

## NOTE: When making the rocking chair, sway your hips



Wand: 4