

# On Your Marks!

**Count:** 64

**Wand:** 4

**Ebene:** Easy Intermediate

**Choreograf/in:** Gaye Teather (UK) - March 2008

**Musik:** Five Jeans Jackets (Are Ready to Go) - The Lennerockers : (CD: Wild, Wild, Wild)



**Dance rotates in CW direction  
(16 count intro)**

**Side Right. Hold. Back rock. Side Left. Hold. Back rock**

- 1 – 4 Step Right to Right side. Hold. Rock back Left behind Right. Recover onto Right  
5 – 8 Step Left to Left side. Hold. Rock back Right behind Left. Recover onto Left

**Heel struts x 4 making three quarter turn Right**

- 1 – 2 Quarter turn Right stepping Right heel forward. Drop Right toe to floor  
3 – 4 One eighth turn Right stepping Left Heel forward. Drop Left toe to floor  
5 – 6 One eighth turn Right stepping Right heel forward. Drop Right toe to floor  
7 – 8 Quarter turn Right stepping Left heel forward. Drop Left toe to floor to complete three quarter turn (Facing 9 o'clock)

**Right lock forward. Hold. Left scissor step. Hold**

- 1 – 4 Step forward on Right. Lock Left behind Right. Step forward on Right. Hold  
5 – 8 Step Left to Left. Step Right beside Left. Cross Left over Right. Hold

**Diagonal steps back with holds (x 4)**

- 1 – 4 Step Right back on Right diagonal. Hold. Step Left back on Left diagonal. Hold  
5 – 8 Step Right back on Right diagonal. Hold. Step Left back on Left diagonal. Hold

**Note: During steps back, lean slightly forward and click fingers to Right and Left**

**Right scissor step. Hold. Toe. Heel. Kick. Kick**

- 1 – 4 Step Right to Right side. Step Left beside Right. Cross Right over Left. Hold  
5 – 6 Touch Left toe to Right instep. Touch Left heel to Right instep  
7 – 8 Kick Left forward towards Left diagonal twice

**Behind. Side. Cross. Hold. Toe. Heel. Kick. Kick**

- 1 – 4 Step Left behind Right. Step Right to Right side. Cross Left over Right. Hold  
5 – 6 Touch Right toe to Left instep. Touch Right heel to Left instep  
7 – 8 Kick Right forward towards Right diagonal twice

**Back rock. Step. Hold. Step. Half turn Right. Step. Hold**

- 1 – 4 Rock back on Right. Recover onto Left Step forward on Right. Hold  
5 – 8 Step forward on Left. Pivot half turn Right. Step forward on Left. Hold (Facing 3 o'clock)

**Right toe strut. Left toe strut. Kick. Step. Cross. Hold**

- 1 – 4 Step Right toe forward. Drop Right heel to floor. Step Left toe forward. Drop Left heel to floor  
5 – 8 Kick Right forward. Step Right beside Left. Cross Left over Right. Hold

**Start again**

**Beginner split: Cowgirl Twist or Wishful Thinking**