

# Higher Ground

Count: 32

Wand: 4

Ebene: Easy Intermediate

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Musik: Higher Ground - UB40



## INTRODUCTION - 32 COUNTS FROM START OF VOCALS APPROX 23 SECONDS

### ROCK & CROSS, ROCK & CROSS, JAZZ BOX ¼ TURN

1&2 Rock R to R side, recover on L, cross R over L  
3&4 Rock L to L side, recover on R, cross L over R  
5,6 Cross R over L, step back L  
7,8 Step fwd R making ¼ turn R, touch L beside R

### RUMBA BOX, ROCKING CHAIR

1&2 Step L to L side, step R beside L, step fwd L  
3&4 Step R to R side, step L beside R, step back R  
5,6 Rock back on L, recover on R  
7,8 Rock fwd on L, recover on R

### SHUFFLE ½ TURN, MAMBO, ROCK RECOVER, ¼ TURN WEAVE

1&2 Step fwd L making ¼ turn L, step R beside L, step fwd L making ¼ turn L  
3&4 Rock fwd on R, step back on L, step R beside L  
5,6 Rock L to L side, recover on R making ¼ turn R  
7&8& Cross L behind R, step R to R side, cross L over R, step R to R side

### HEEL BALL CROSS, ROCK RECOVER, SAILOR TURN, KICK BALL STEP

1&2 Touch L heel diagonally fwd, step on L, cross R over L  
3,4 Rock L to L side, recover on R  
5&6 Step L behind R making ¼ turn L, step R to R side, step L fwd  
7&8 Kick R fwd, step R beside L, step fwd on L

### RESTART

During wall 6 dance up to counts 23&24 (cross L behind R, step R to R side, cross L over R), miss out the & count then restart dance from the beginning.

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