

# Salad Days

**COPPER** **NOB**  
BYEPOSTETS

Count: 32

Wand: 4

Ebene: Improver / Intermediate

Choreograf/in: Bill James (UK) - April 2008

Musik: Sliced Tomatoes - Just Brothers



## **FORWARD TOE STRUT, ROCK, BACK TOE STRUT, COASTER STEP**

- 1 – 2 Step R toe forward, drop R heel to floor taking weight
- 3 – 4 Rock forward on L, rock weight back onto R
- 5 – 6 Step L toe back, drop L heel to floor taking weight
- 7 & 8 Step R back, step L beside R, step R forward

## **FORWARD TOE STRUT, ROCK, BACK TOE STRUT, COASTER STEP**

- 9 – 10 Step L toe forward, drop L heel to floor taking weight
- 11 – 12 Rock forward on R, rock weight back onto L
- 13 – 14 Step R toe back, drop R heel to floor taking weight
- 15 & 16 Step L back, step R beside L, step L forward

## **HEEL, HOOK, TOE, ½ TURN, ROCK, SHUFFLE ½ TURN**

- 17 – 18 Dig R heel forward, hook R over L knee in figure 4
- 19 – 20 Touch R toe to R side, on ball of L make 1/2 turn R stepping R beside L
- 21 – 22 Rock forward on L, rock weight back onto R
- 23 & 24 Shuffle ½ turn L stepping L, R, L

## **SHUFFLE ½ TURN, COASTER STEP, FORWARD TOE STRUT, ¼ TURN TOE STRUT**

- 25 & 26 Shuffle ½ turn L, stepping R, L, R
- 27 & 28 Step L back, step R beside L, step L forward
- 29 – 30 Step R toe forward, drop R heel to floor taking weight
- 31 – 32 Step L toe ¼ turn L, drop L heel to floor taking weight

## **START AGAIN**

**ENDING:** On the 11th wall you will start dance facing the back wall.

Dance counts 1 – 6 then replace the coaster step with Shuffle ½ turn R stepping R, L, R.

This will bring you back to face the front

**HAVE FUN AND TRY WITH FASTER MUSIC**

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