

# HOLD ON TIGHT (aka Hit The Hay)

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wand: 4

Ebene: Improver / Easy Intermediate

Choreograf/in: Willie Brown (SCO) - April 2008

Musik: Hittin The Hay - North Mississippi Allstars : (CD: Barnyard OST)



**Alternative / Practise Music; 'I Want To Be A Cowboys Sweetheart' by Leann Rimes**

**Intro; 64 counts from very start of track – on main vocals (26 seconds)**

[ ] Brackets indicate which wall you should be facing (first wall only)

## **(1-8) SHUFFLE FORWARD x2, SHUFFLE ½ TURN, COASTER STEP**

- 1&2 Step forward on Right, step Left beside Right, step forward on Right [12]  
3&4 Step forward on Left, step Right beside Left, step forward on Left  
5&6 Make ¼ turn Left and step Right to Right side, step Left beside Right, make another ¼ turn Left and step back on Right [6]  
7&8 Step back on Left, step Right beside Left, step forward on Left

## **(9-16) CROSS ROCK, SIDE SHUFFLE, CROSS SHUFFLE, SHUFFLE ¼ TURN**

- 9,10 Rock Right across front of Left, recover weight back on Left  
11&12 Step Right to Right side, step Left beside Right, step Right to Right side  
13&14 Cross Left in front of Right, step Right to Right side, cross Left in front of Right  
15&16 Make ¼ turn Left and step back on Right, step Left beside Right, step back on Right [3]

## **(17-24) ROCK BACK, ROCK FORWARD, FULL TURN BACK, ROCK BACK**

- 17,18 Rock back on Left, recover weight forward on Right  
19,20 Rock forward on Left, recover weight back on Right  
21,22 Make ½ turn Left and step forward on Left, make another ½ turn Left and step back on Right  
**(Easier option; Step back on Left, step back on Right) [3]**  
23,24 Rock back on Left, recover weight forward on Right

## **(25-32) SIDE SHUFFLE, ROCK BACK, SIDE SHUFFLE, COASTER STEP**

- 25&26 Step Left to Left side, step Right beside Left, step Left to Left side  
27,28 Rock back on Right, recover weight forward on Left  
29&30 Step Right to Right side, step Left beside Right, step Right to Right side  
31&32 Step back on Left, step Right beside Left, step forward on Left

**RESTART; On 3rd wall (6 o'clock) dance the first 8 counts then start again facing the front.....**

**BIG FINISH; You will dance to the end of section 3 - count 24; recover weight forward on Right (facing 9 o'clock)– add one more count by making ¼ turn right to face the front stepping on to your left foot and striking your best pose!!!**