

My Love

Count: 0

Wand: 0

Ebene: Phrased Intermediate

Choreograf/in: Maria Maag (DK) - February 2008

Musik: Me Love - Sean Kingston



Count in: From first word 32 counts intro.

Goes like this : ABC,ABC,ABC,C.

PART A (32count)

(1-8) Walk, step 1/2 turn,lock,touch,cross 1/2 turn, hitch

- 1-2 walk forward right, walk forward left
- 3&4 step forward right, make a 1/2 turn left and step forward right
- &5 lock left behind right, step forward right
- 6 turn 1/4 right on ball of right foot and touch left toe to left side
- 7&8& cross left in front of right, step back on right and make a 1/2 turn left, step left to left, hitch right.

(9-16) Knee rolls, shuffle, kick & hitch, 1/4 turn touch

- 1-2 roll right knee out, roll left knee out
- 3&4 step 1/4 right, step left beside right, step forward on right
- 5&6 kick left forward, hitch left and touch left back
- 7-8 make a 1/4 turn left on left foot, touch right beside left.

(17-24) Walk, step 1/2 turn,lock,touch,cross 1/2 turn, hitch

- 1-2 walk forward right, walk forward left
- 3&4 step forward right, make a 1/2 turn left and step forward right
- &5 lock left behind right, step forward right
- 6 turn 1/4 right on ball of right foot and touch left toe to left side
- 7&8& cross left in front of right, step back on right and make a 1/2 turn left, step left to left, hitch right.

(25-32) Knee rolls, shuffle, kick & hitch, 1/4 turn touch

- 1-2 roll right knee out, roll left knee out
- 3&4 step 1/4 right, step left beside right, step forward on right
- 5&6 kick left forward, hitch left and touch left back
- 7-8 make a 1/4 turn left on left foot, touch right beside left.

PART B (16count)

(33-40) Sway, mambo back

- 1-2 sway right, sway left
- 3&4 rock back on right, recover weight on left, step right beside left
- 5-6 sway left, sway right
- 7&8 rock back on left, recover weight on right, step left beside right

(41-48) Step, knee pops, out out, in in, kick, hitch

- 1-2 big step forward on right, slide left together
- &3&4 pop both knees to right, pop both knees to left
- 5&6& step out right, step out left, step in right, step in left
- 7-8 kick right forward, hitch right

PART C (32count)

(49-56) Rock step, kick step, step turn and sit down

1&2& rock back right, recover, kick right, step right beside left
3&4& rock back left, recover, kick left, step left beside right
5-6 step forward on right make a 1/2 turn left and sit down(weight on right)
7-8 step left forward, touch right beside left

(57-64) Mambo, hitch turns, knee dips

1&2 rock right to side, recover weight on left, step right beside left
3&4 rock left to side, recover weight on right, step left beside right
&5 hitch right, turn 1/4 left and touch right toe to side
&6 hitch right, turn 1/4 left and touch right toe to side
7 step right beside left
8& bend both knees, strait up (weight on left)

(65-72) Rock step, kick step, step turn and sit down

1&2& rock back right, recover, kick right, step right beside left
3&4& rock back left, recover, kick left, step left beside right
5-6 step forward on right make a 1/2 turn left and sit down(weight on right)
7-8 step left forward, touch right beside left

(73-80) Mambo, hitch turns, knee dips

1&2 rock right to side, recover weight on left, step right beside left
3&4 rock left to side, recover weight on right, step left beside right
&5 hitch right, turn 1/4 left and touch right toe to side
&6 hitdh right, turn 1/4 left and touch right toe to side
7 step right beside left
8& bend both knees, strait up (weight on left)

ENDING: After the last part c make a 1/2 turn left on left foot.

HAVE FUN
