# Kung Fu Fighting '07

Ebene: Phrased Intermediate FUN Dance



Choreograf/in: Winnie Yu (CAN) - March 2007

Musik: Kung Fu Fighting (Techno Dance Remix) - Fatboy Slim

**Wand:** 1

-Intro/Count in: 16 count

Count: 0

-Sequence: A A B C, A A B C, Tag, A B B- (first 16 counts of B & 4 extra counts: step fwd right, pivot ½ turn left, step fwd right, pivot ½ turn left, weight on right)

\*\*\*This dance is dedicated to the Carefirst 2007 Young at Heart Charity Gala held in March 2007. A total of C\$10,000 was raised from the performance "Kung Fu Fighting '07" in this charity event.

#### PART A:-

Section 1 WALK FORWARD, KICK, WALK BACKWARD, TOGETHER, STEP

- 1-4 Walk forward R, L, R, kick left forward and punch forward right arm (Close fist)
- 5-6 Walk backward L, R,
- 7&8 Walk backward on left, step right beside left, step left in place

Section 2

Repeat Part A- section 1

Section 3 SIDE, HOLD, (½ TURN SIDE, HOLD) x 2, TOGETHER, STEP – arms close fist 1-2 Step right to right side, hold

(Count 1- Hand Movement (shoulder level):-bring L arm to front of chest and R arm punch out to R)3-4Make a ½ turn right stepping left to left side, hold (6:00)

(Count 3- Hand Movement (shoulder level):-bring R arm to front of chest and L arm punch out to L) 5-6 Make a <sup>1</sup>/<sub>2</sub> turn left stepping right to right side, hold (12:00)

(Count 5- Hand Movement (shoulder level):-bring L arm to front of chest and R arm punch out to R) 7-8 Step left beside right, step right in place

(Repeat hand movement of count 3 & 5)

Section 4 SIDE, HOLD, (½ TURN SIDE, HOLD) x 2, TOGETHER, STEP – arms close fist 1-2 Step left to left side, hold

(Count 1- Hand Movement (shoulder level):-bring R arm to front of chest and L arm punch out to L) 3-4 Make a ½ turn left stepping right to right side, hold (6:00)

(Count3-Hand Movement (shoulder level):-bring L arm to front of chest and R arm punch out to R) 5-6 Make a ½ turn right stepping left to left side, hold (12:00)

(Count 5-Hand Movement (shoulder level):-bring R arm to front of chest and L arm punch out to L) 7-8 Step right beside left, step left in place

(Repeat hand movement of count 3 & 5)

# PART B:-

Section 1 VINE RIGHT, CROSS, KICK, BEHIND, SIDE, CROSS

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, cross left over right
- 5-6 Kick right out to right side, step right behind left
- 7-8 Step left to left side, cross right over left

# Section 2 VINE LEFT, CROSS, KICK, BEHIND, SIDE, CROSS

- 1-2 Step left to left side, step right behind left
- 3-4 Step left to left side, cross right over left
- 5-6 Kick left out to left side, step left behind right
- 7-8 Step right to right side, cross left over right

# Section 3 (ROLLING VINE, CLAP) x 2

- 1-2 Make a <sup>1</sup>/<sub>2</sub> turn right stepping right to right side, make a <sup>1</sup>/<sub>2</sub> turn left stepping left to left side
- 3-4 Step right to right, touch left beside right and clap hands
- 5-6 Make a <sup>1</sup>/<sub>2</sub> turn right stepping left to left side, make a <sup>1</sup>/<sub>2</sub> turn left stepping right to right side
- 7-8 Step left to left side, touch right beside left and clap hands

#### Section 4 (KICK, ½ TURN FLICK, SHUFFLE FORWARD) x 2

- 1-2 Kick right forward, make a <sup>1</sup>/<sub>2</sub> turn left and flick right foot back (6:00)
- 3-4 Step forward on right, step left beside right, step right forward
- 5-6 Kick left forward, make a <sup>1</sup>/<sub>2</sub> turn right and flick left foot back (12:00)
- 7-8 Step forward on left, step right beside left, step left forward

# PART C:-

#### Section 1 (HEEL, TOE, HEEL, STEP) x 2

- 1-2 Dig right heel forward, touch right toe back
- 3-4 Dig right heel forward, step right beside left
- 5-6 Dig left heel forward, touch left toe back
- 7-8 Dig left heel forward, step left beside left

# Section 2 (HEEL, TOE) x2, TOUCH x 4

- 1-2 Dig right heel forward twice
- 3-4 Touch right toe back twice
- 5-6 Touch right toe forward, touch right toe to right side
- 7-8 Touch right toe back, touch right toe to right side

#### Section 3 (STEP, KICK) x 4 (moving forward) - arms punch up & down with CLOSE fist

- 1 Step forward on right -- both arms cross in front of chest
- 2 Kick left out to left side -- both arms up V shape
- 3 Step forward on left -- both arms cross in front of chest
- 4 Kick right out to right side -- both arms down and punch out
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

# Section 4 (SAILOR STEP) x 4 (moving backward)

- 1&2 Step back on right, step back on left, step right to right side
- 3&4 Step back on left, step back on right, step left to left side
- 5&6 Step back on right, step back on left, step right to right side
- 7&8 Step back on left, step back on right, step left to left side

# TAG (36 counts):-

# Section 1 (SIDE, TOUCH) X 2, SIDE, BEHIND, ¼ TURN FORWARD, TOGETHER

- 1-2 Step right to right side, touch left out diagonal left
- 3-4 Step left to left side, touch right diagonal right
- 5-6 Step right to right side, step left behind right
- 7-8 Make a ¼ turn right stepping forward on right, step left beside right (3:00)
- Section 2 Repeat Section 1 (6:00)
- Section 3 Repeat Section 1 (9:00)
- Section 4 Repeat Section 1 (12:00)

#### Section 5 (FORWARD, ½ TURN) x 2

- 1-2 Step forward on right, pivot ½ turn left
- 3-4 Step forward on right, pivot ½ turn left (12:00)

#### HAVE FUN AND ENJOY!