

# Laid Back

Count: 32

Wand: 4

Ebene: Easy Intermediate

Choreograf/in: Jan Wyllie (AUS) - March 2008

Musik: Laid Back 'n Low Key (Cay) - Alan Jackson



(16 count intro) - start 1 count before the words. (144 bpm)

## Vine Right Touch, Step Kick Across, Step Touch

1,2,3,4 Step R to right, Step L behind R, Step R to right, Touch L beside R  
5,6,7,8 Step L to left, Kick R across L, Step R to right, Touch L beside R

## Vine Left Scuff Fwd, Rock Return, Coaster Step

9,10,11,12 Step L to left, Step R behind L, Step L to left, Scuff R towards left corner  
13,14 Rock/step fwd on R, Rock back on L  
15&16 Step back on R, Step L beside R, Step fwd on R

## Rock Return, 1/2 Shuffle, Step Scuff/Clap, Step Scuff/Clap

17,18 Rock/step fwd on L, Rock back on R  
19&20 Making 1/2 left shuffle towards left corner stepping L,R,L (back wall)  
21,22,23,24 Step fwd on R, Scuff L fwd and clap, Step fwd on L, Scuff R fwd and clap

## Make 1/8 Rock Return, R Sailor Step, L Sailor Step, Rock Return

25,26 Making 1/8 turn left (3 o'clock) rock/step R to right side, Return wt sideways onto L  
27&28 Step R behind L, Step L to left, Step R to right (sailor)  
29&30 Step L behind R, Step R to right, Step L to left (sailor)  
31,32 Rock/step R behind L, Rock/return wt to L

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