

Nonononono-Notso

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Pim van Grootel (NL) & Daniel Trepap (NL) - January 2008

Musik: Nuttin No Go So - Sean Paul



MAKE ½ TURN WITH WEIGHT CHANGES, STEP, TOUCH, STEP, TOUCH

- 1 RF 1/8 turn left and step forward
- & LF Recover weight
- 2 RF 1/8 turn left and step forward
- & LF Recover weight
- 3 RF 1/8 turn left and step forward
- & LF Recover weight
- 4 RF 1/8 turn left and step forward
- & LF Recover weight
- 5 RF Step to right side
- 6 LF Touch next to RF
- 7 LF Step to left side
- 8 RF Touch next to LF

STEP, TOUCH, STEP, TOUCH, SIDE SHUFFLE, TOUCH, REPEAT TO THE LEFT

- 1 RF Step to right side
- & LF Touch next to RF
- 2 LF Step to left side
- & RF Touch next to LF
- 3 RF Step to right side
- & LF Step next to RF
- 4 RF Step to right side
- & LF Touch next to RF
- 5 LF Step to left side
- & RF Touch next to LF
- 6 RF Step to right side
- & LF Touch next to RF
- 7 LF Step to left side
- & RF Step next to LF
- 8 LF Step to left side
- & RF Touch next to LF

HEEL-HOOK COMBINATION, FLICK, HEEL, HOOK, STEP, ¼ TURN LEFT CLOSE, ROCK WITH BUTT PUSH 2X

- 1 RF Touch heel forward
- & RF Hook RF in front of L.leg
- 2 RF Touch heel forward
- & RF Flick RF to side
- 3 RF Touch heel forward
- & RF Hook RF in front of L.leg
- 4 RF Step forward
- & LF ¼ turn left and step next to RF
- 5 RF Step to right side, raise left toe up and push your butt slightly diagonal backwards
- 6 LF Recover weight
- & RF Step next to LF
- 7 LF Step to left side, raise right toe up and push your butt slightly diagonal backwards

8 RF Recover weight

CLOSE, STEP, BODYROLL 2X, STEP, ¼ TURN WITH HOOK BEHIND, STEP, HOOK BEHIND 2X

& LF Step next to RF
1 RF Step to right side
2 Bounce and roll up from hip
& LF Step next to RF
3 RF Step to right side
4 Bounce and roll up from hip
5 RF Step forward
& LF ¼ turn left and hook behind R.knee
6 LF Step to left
& RF Hook behind L.knee
7 RF Step forward
& LF ¼ turn left and hook behind R.knee
8 LF Step to left
& RF Hook behind L.knee
