

# Mama Take Me Home

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Tanja Enget (NOR) - February 2008

Musik: Mama Take Me Home - Rednex



## WALK, WALK, SHUFFLE ½ TURN, BACK, BACK, COASTER STEP

- 1-2 Step right forward, step left forward
- 3&4 Half turn shuffle stepping right, left, right, while turning left
- 5-6 Step left back, step right back
- 7&8 Step left back, step right beside left, step left forward

## STEP SLIDE, ROCK STEP TWICE, TOE & HEEL SWITCHES WITH BACK FLICK

- 1-2& Take a big step to the right & slide left together, rock back onto left, recover
- 3-4& Take a big step to the left & slide right together, rock back onto right, recover
- 5&6 Touch right to right, step right beside left, touch left to left
- &7&8 Step left beside right, right heel forward, flick right foot back while turning ¼ to the left, touch right heel forward

## CROSS TO THE RIGHT, SYNCOPATED WEAVE TO THE LEFT

- &1&2 Step right beside left, cross left over right, step right to right, cross left over right
- &3&4 Step right to right, cross left over right, step right to right, cross left over right
- 5-6 Cross right over left, step left to left
- 7&8 Cross right behind left, step left to left, cross right over left

## HEEL JACKS X3, UNWIND

- &1&2 Step left diagonally back to left, touch right heel diagonally forward, step right beside left, cross left over right
- &3&4 Step right diagonally back to right, touch left heel diagonally forward, step left beside right, cross right over left
- &5&6 Step left diagonally back to left, touch right heel diagonally forward, step right beside left, cross left over right
- 7-8 Hold, unwind full turn

Begin again.

## TAG

Before you start the dance on the 8 wall, you have just taken the unwind full turn

- 1-2 Cross left over right, hold
  - 3-4 Slow unwind full turn over 2 counts
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