

# Mama Said

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Josefin Blomkvist (SWE) - September 2007

Musik: Mama Said - Dave Sheriff



Intro: 16 counts

## Section 1: Shuffle, step turn $\frac{1}{2}$ , kick-ball-step x2

1&2 step Rf forward, step Lf beside R, step Rf forward  
3-4 step Lf forward, turn  $\frac{1}{2}$  turn to R and put weight over to Rf  
5&6 kick Lf forward, step Lf beside R, step Rf forward  
7&8 kick Lf forward, step Lf beside R, step Rf forward

## Section 2: Shuffle, step turn $\frac{1}{4}$ , cross shuffle, triple turn $\frac{3}{4}$

1&2 step Lf forward, step Rf beside L, step Lf forward  
3-4 step Rf forward, turn  $\frac{1}{4}$  turn to L and out weight over to Lf  
5&6 cross Rf over L, step Lf to L side, cross Rf over L, turn  $\frac{1}{4}$  turn to R  
7&8 step Lf back, turn  $\frac{1}{2}$  turn to R, step Rf forward, step forward on Lf

## Section 3: Kick x2, step turn $\frac{1}{2}$ , kick x2, step turn $\frac{1}{4}$

1&2& kick Rf forward, step Rf beside L, kick Lf forward, step Lf beside R  
3-4 step Rf forward, turn  $\frac{1}{2}$  turn to L and put weight over to Lf  
5&6& kick Rf forward, step Rf beside L, kick Lf forward, step Lf beside R  
7-8 step Rf forward, turn  $\frac{1}{4}$  turn to L and put weight over to Lf

## Section 4: Kick-cross-step, scuff-hitch-step, rock, shuffle turn $\frac{1}{2}$

1&2 kick Rf to R diagonally forward, cross Rf behind L, step Lf to L side  
3&4 scuff Rf beside L, Rf hitch and step forward on Rf  
5-6 rock Lf forward, recover on Rf, turn  $\frac{1}{4}$  turn to L  
8&7 step Lf to L side, step Rf beside L, turn  $\frac{1}{4}$  turn to L and step Lf forward

Begin again.

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