Shuffle A Moment

Count: 32

Ebene: Beginner

Choreograf/in: Monica Christensen (DK) - October 2007 Musik: Un Momento Alla - Rick Trivino

(1-8) RIGHT CHASSE, BACK ROCK, LEFT CHASSE, BACK ROCK

- Step Right to Right, Step Left to Right, Step Right to Right 1&2
- 3-4 Step Left foot behind Right, Recover to Right
- 5&6 Step Left to Left, Step Right to Left, Step Left to Left
- 3-5 Step Right foot behind Left, Recover to Left

(9-16) ROCK FORWARD RIGHT, SHUFFLE ½ TURN BACK, ROCK FORWARD LEFT, SHUFFLE BACK

- 1-2 Rock forward on Right, Recover to Left
- 3&4 Shuffle 1/2 turn back, RLR (6 o'clock)
- 5-6 Rock forward on Left, Recover to Right
- Shuffle back LRL 7&8

(17-24) SAILOR STEP RIGHT, SAIOLR STEP LEFT WITH ½ TURN LEFT, POINT, CROSS, POINT, CROSS

- 1&2 Step Right behind Left, step Left to Left side, Step Right in place
- 3&4 Step Left behind Right, 1/4 turn Left on Right, step Left to Left side (3 o'clock)
- 5-6 Point Right toe to Right Side, Cross Right in front of Left
- 7-8 Point Left toe to Left side, Cross Left in front of Right

(25-32) RUMBA BOX RIGHT

- Step Right to Right, Step Left to Right, Step back on Right, Hold 1-4
- 5-8 Step Left to Left, Step Right to Left, Step forward on Left, Hold

Begin again

ENDING: Starting the dance on 9 wall (facing 12 o'clock) dance to count 12 & Rock forward on Left, Recover to Right, Shuffle 1/2 turn back LRL (facing 12 o'clock)

This dance is dedicated to my Mom, at her 75 years Birthday.





Wand: 4