

Up On You

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Liliana Jüriso (EST) - October 2007

Musik: Creepin' Up On You - Darren Hayes



Start the dance right after the counting (after the word "three").

STEP, STEP, COASTER STEP, STEP, STEP, COASTER STEP

- 1-2 R step forward little bit right, L step forward little bit left (legs are spread on same horisont line)
- 3&4 R step back, L step next to R, R step forward
- 5-6 L step forward little bit left, R step forward little bit right (legs are spread on same horisont line)
- 7&8 L step back, R step next to L, L step forward

SKATE, SKATE, ROCK, CROSS STEP, STEP

- 1-2 Skate forward with R ball, press R heel down
- 3-4 Skate forward with L ball, press L heel down
- 5-6 rock to R forward, rock back of L,
- 7 R cross step behind L foot,
- 8 little L step to right

ROCK, CROSS SHUFFLE, ROCK, SAILOR STEP, HEEL

- 1-2 rock to right onto R, rock back of L
- 3&4 R step cross over L, L step to left, R step cross over L,
- 5-6 rock to left onto L, rock back of R
- 7&8 Cross L behind R, Step R to right side, Step on L heel to place

COASTER STEP, CROSS, ROCK, ¼ TURN, STEP- LOCK-STEP-LOCK, HOLD, ½ PIVOT TURN, STEP

- &1 L step back, R step next to L, L cross step over R
- 2-3 rock to right onto R, rock back of L with ¼ turning left
- 4-5 R step forward, L lock over R,
- &6 R step forward, L lock over R,
- 7 hold
- 8 ½ turn to left
- & step L forward

Begin Again