Let It Flow

Count: 32	**Wand:** 4	**Ebene:** Easy Intermediate

Choreograf/in: Robbie McGowan Hickie (UK) - October 2007
Musik: Rollin' With the Flow - Mark Chesnutt

Intro: 16 Counts.

Back Rock. Chasse Right. Cross Rock Behind & Side Step. Cross Behind. Unwind Full Turn Right.

1 – 2	Rock back on Right. Rock forward on Left.
3&4	Step Right to Right side. Close Left beside Right. Long step Right to Right side.
5&6	Cross/Rock back Left behind Right. Rock forward on Right. Long step Left to Left side.
7 – 8	Cross Right behind Left. Unwind Full turn Right. (Weight on Right) (Facing 12 o'clock)

Side Sway. Left Cross Shuffle. Chasse 1/4 Turn Right. Forward Rock.

1 – 2	Step Left out to Left side Swaying Hips Left. Recover weight on Right Swaying Hips Right.
3&4	Cross step Left over Right. Step Right slightly to Right side. Cross step Left over Right.
5&6	Step Right to Right side. Close Left beside Right. Turn 1/4 turn Right stepping forward on Right.
7 – 8	Rock forward on Left. Rock back on Right. (Facing 3 o'clock)

Full Turn Left (Travelling Back). Sweep Behind. Side. Cross. Side Sway. Right Sailor Step.

1 – 2	Turn 1/2 turn Left stepping forward on Left. Turn 1/2 turn Left stepping back on Right.
3&4	Sweep Left out and around behind Right. Step Right to Right side. Cross step Left over Right.
5 – 6	Step Right out to Right side Swaying Hips Right. Recover weight on Left Swaying Hips Left.
7&8	Cross Right behind Left. Step Left to Left side. Step Right in place. (Facing 3 o'clock)

Left Sailor Step 1/4 Turn Left. Right Lock Step Forward. Lunge Forward. & 1/4 Turn Left. Left Lock Step Back.

1&2	Cross Left behind Right turning 1/4 turn Left. Step Right beside Left. Step slightly forward on Left.
3&4	Step forward on Right. Lock step Left behind Right. Step forward on Right. (Facing 12 o'clock)
5 – 6	Lunge forward on Left. Rock back on Right.
&	Sweep Left out and around turning 1/4 turn Left on ball of Right.
7&8	Step back on Left. Lock step Right across Left. Step back on Left.

Start Again.

Note: To keep to the phrasing of the music…an 8 Count Tag is needed at the End of Wall 4 (Facing 12 o'clock)

Tag: Back Rock. Right Shuffle Forward. Step. Pivot 1/2 Turn Right. Left Shuffle 1/2 Turn Right.

1 – 2	Rock back on Right. Rock forward on Left.
3&4	Right shuffle forward stepping Right. Left. Right.
5 – 6	Step forward on Left. Pivot 1/2 turn Right.
7&8	Left shuffle turning 1/2 turn Right stepping Left. Right. Left. (Facing 12 o'clock)

Optional Ending:
Dance ends on Count 20 of Wall 7 (Behind-Side-Cross)…To end with the music, make a 1/4 Turn Right stepping forward on Right to Face Front Wall…Hold & Pose!!!!!