

Escape

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Bill Larson (AUS) - August 2007

Musik: The Sweet Escape - Gwen Stefani



SIDE ROCK CROSS SHUFFLE, TURN SHUFFLE, BACK ROCK

- 1-2 Rock left to side, recover onto right
- 3&4 Crossing shuffle stepping left, right, left
- 5-6 Shuffle back turning $\frac{1}{4}$ left stepping right, left, right (9:00)
- 7&8 Rock left back, recover onto right

SIDE ROCK CROSS SHUFFLE, TURN SHUFFLE, BACK ROCK

- 1&2 Rock left to side, recover onto right
- 3&4 Crossing shuffle stepping left, right, left
- 5-6 Shuffle backward turning $\frac{1}{4}$ left stepping right, left, right (9:00)
- 7&8 Step left back, recover onto right

CROSS ROCK, SHUFFLE LEFT, CROSS ROCK, SHUFFLE TURN

- 1-2 Cross/rock right over left, recover onto left
- 3&4 Shuffle to side right, left, right
- 5-6 Cross/rock left over right, recover onto right
- 7& Step left to side, step right together
- 8 Turn $\frac{1}{4}$ left and step left forward (12:00)

STEP ROCK, BALL STEP, TURN $\frac{1}{4}$, CROSS ROCK

- 1-2 Cross/rock right over left, recover onto left
 - & Step right together
 - 3-4 Step left forward, turn $\frac{1}{2}$ right (weight to right, 6:00)
 - 5-6 Step left forward, turn $\frac{1}{4}$ right (weight to right, 9:00)
 - 7-8 Cross/rock left over right, recover onto right
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