

Mary Lou

COPPERKNOB
STEPSHETS

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Chris Hodgson (UK)

Musik: Hello Mary Lou - Brødrene Olsen



**1-8 2 X TOE
STRUTS /
SIDE- ROCK-
CROSS / SIDE-
BEHIND /
CHASSE 1/2
TURN**

1& Step Right

toe forward,

Drop Right heel
to floor

2& Step Left toe

forward, Drop

Left heel to
floor

3&4 Step Right

to Right side,

Rock weight

onto Left, Cross

step Right over

Left

5-6 Step Left to

Left side, Cross

Right behind

Left

7&8 Chasse

Left stepping on

Left-Right-Left

making 1/2 turn

Left

**9-16 & HEEL &
STEP / TRIPLE**

1/2 TURN

RIGHT / WALK

BACK x 2 /

MAMBO STEP

&1 Step back

on Right, Touch

Left heel

forward

&2 Step Left

next to Right,

Step forward on

Right

3&4 Triple 1/2

turn Right

stepping on

Left-Right-Left

5-6 Step back
on Right, Step
back on Left
7&8 Step back
on Right, Rock
weight forward
onto Left, Step
Right next to
Left

**17-24 LOCK
STEP /
STEP-1/4-
CROSS / ROCK
STEPS / SIDE-
ROCK-
CROSS**

1&2 Step
forward on Left,
Lock Left
behind Right,
Step forward on
Left

3&4 Step
forward on
Right, 1/4 turn
Left on balls of
both feet, Cross
step Right over
Left

5& Step forward
on Left, Rock
weight back
onto Right
(slight angle to
Left on rock
steps)

6& Step back
on Left, Rock
weight forward
onto Right

7&8 Step Left to
Left side, Rock
weight onto
Right, Cross
step Left over
Right

**25-32 ROCK
STEPS / SIDE-
ROCK- CROSS
/ KICK- BALL-
CROSS / SIDE-
TOG- FWD**

1& Step forward
on Right, Rock
weight back
onto Left (slight
angle to Right
on rock steps)

2& Step back
on Right, Rock
weight forward
onto Left
3&4 Step Right
to Right side,
Rock weight
onto Left, Cross
step Right over
Left
5&6 Kick Left
forward, Step in
place on Left,
Cross step
Right over Left
7&8 Step Left to
Left side, Step
Right next to
Left, Step
forward on Left
*NOTE: On wall
7 (last wall)
replace Mambo
Step (counts
15&16) with a
triple half turn*

Right to finish
facing home
wall!!!!
