## Cose Della Vita



Count: 64 Wand: 2 Ebene: Intermediate/Advanced

Choreograf/in: Alan Birchall (UK)

Musik: Cose Della Vita - Tina Turner & Eros Ramazotti : (CD: All The Best Cd2)



FRONT SAILOR TURN, STEP, TURN, STEP, STEP ½ PIVOT, FULL TRIPLE TURN WITH PRESS 1&2 Cross Right

Over Left, Make

1/2 Turn Right

Stepping Left

To Left, Step

Forward On

Right (6 '0'

Clock)

3&4 Step

Forward On

Left, Make ½

Turn Right, Step

Forward On Left

(12 '0' Clock)

5-6 Step

Forward On

Right, ½ Pivot

Left (6 '0'

Clock)

7&8 Full Triple

Turn Left,

Stepping, Right,

Left, Right End

Pressing

Forward On

Right To Stop

Suddenly (6 '0'

Clock)

Alternative For

7&8: Right

Shuffle Forward

**End Pressing** 

Forward On

Right To Stop

Suddenly (6 '0'

Clock)

STEP BACK x 2. CROSS BEHIND, UNWIND 34, **SIDE** SHUFFLE, 1/4 TURN, SIDE **SHUFFLE** 9-10 Step Back On Left, Step Back On Right 11-12 Sweep Left Around Behind Right, Unwind ¾ Turn Left (Weight Ends On Left Facing 9'0' Clock) 13&14 Make Small Side Shuffle To Right Bumping Hips, Right, Left. Right 15&16 Make 1/4 Turn Left (6 '0' Clock) Making Small Side Shuffle **Bumping Hips** Left, Right, Left

1/4 TURN SIDE SHUFFLE, BEHIND, SIDE, IN FRONT, WALK, RONDE ½ TURN, TOUCH 17&18 Make 1/4 Turn Left (3 '0' Clock) Making Small Side Shuffle **Bumping Hips** Right, Left, Right 19&20 Cross Left Behind Right, Step Right To Right, Cross Left Over Right 21-22 Walk Forward Crossing Right Over Left, Then Left Over Right, 23-24 Sweep Right Around Left Making ½ Turn Left, Touch Right Next To Left -Weight Ends On Left (9 '0' Clock)

PRESS/LUNGE, RECOVER, SAILOR STEP, HINGE TURNS, 1/4 STEP, TURN, STEP 25-26
Press/Lunge
Right To Right, Recover On Left

27&28 Cross Right Behind Left, Step Left To Left, Step Right In Place 29-30 Make 1/2 Hinge Turn Right Stepping Left To Left (3 '0' Clock), Make ½ Hinge Turn Right Stepping Right To Right (9 '0' Clock) 31&32 Make 1/4 Hinge Turn Right Stepping Forward On Left, ½ Pivot Right, Step Forward On Left (6 '0' Clock) Alternative For 29 - 32: Make 1/4 Turn Walk Forward Left (29), Right (30), Left (31) ½ Pivot (&), Step Forward (32)

SYNCOPATED ROCK TURN, STEP, SIDE SHUFFLE, CROSS MAMBO 33& Rock Forward On Right, Recover On Left 34& Turning To Face 9 '0' Clock Wall Rock Right To Right, Recover On Left 35-36 Turning To Face 12 '0' Clock Wall Step Forward On Right, Step Forward On Left 37&38 Step Right To Right, Step Left By Right, Step Right To Right (Bumping Hips) 39&40 Rock Left Over Right, Recover On Right, Step Left To Left

CROSS, 1/4
TURN, STEP,
CROSS,
SHUFFLE
TURN,
COASTER
STEP
41-42 Cross
Right Over Left,

Making 1/4 Turn Right Step Back On Left (3 '0' Clock) 43-44 Step Right To Right, Cross Left Over Right 45&46 Make 3/8th Shuffle Turn To Left Stepping Right, Left, Right (11 '0' Clock) 47&48 Step Back On Left, Step Right By

Left, Step

Forward On Left

PRESS, RECOVER. LOCK STEP, ½ SHUFFLE TURN, LOCK **STEP** 49-50 Press Forward On Right, Recover On Left Kicking Right Forward 51&52 Step Back On Right, Step Lock Left Over Right, Step Back On Right 53&54 Make ½ Shuffle Turn Left Stepping Left, Right, Left (5 '0' Clock) 55&56 Step Forward On Right, Lock Left

Behind Right, Step Forward On Right

ROCK, RECOVER, CROSS, SIDE SHUFFLE, CROSS ROCK, RECOVER, SIDE SHIFFLE 57&58 Turning Slightly Right To Face 6 '0' Clock Rock Left To Left, Recover On Right, Cross Left Over Right 59&60 Step Right To Right, Step Left By Right, Step Right To Right (Bumping Hips) 61-62 Cross Rock Left Over Right, Recover On Right 63&64 Step Left To Left, Step Right By Left, Step Left To Left (Bumping

Hips)