

Baby You Make Me Sick

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Jo Kinser (UK) & Scott Schrank (USA)

Musik: You Make Me Sick - P!nk : (CD: Can't Take Me Home)



- 1-8 Press hitch, rock and cross, 1/2 turn right, left lock left**
1 Press the ball of right side right taking right arm out and down side right look right,
2 Replace weight left hitching right knee, and bring right arm across chest to left shoulder and look left
3&4 Rock right side right, replace weight left, cross right in front of left
5-6 Step left back a 1/4 turn right, step right side right a 1/4 right
7&8 Step left forward, step right behind left, step left forward
- 9-16 Step, touch, coaster step, swivel and side, sailor 1/2 turn**
1-2 Step right forward, touch left next to right
3&4 Step back left, step right next to left, step left forward
5&6 Point right forward swiveling both heels in, bringing arms across front of body right over left looking down (5), take heels back to center (&), Point right side right bring both arms out to sides look up (6)
7&8 Make a 1/2 turn right stepping right behind left, step left in place, step right forward
- 17-24 Step, rock, and cross, step, rock step, full turn left**
1-2 Step left forward, rock right side right
&3,4 Replace weight left, cross right in front of left, step left back while making 1/4 turn right
5-6 Rock right back, replace weight left
&7& Make a full turn left (R-L-R)
8& Lock left behind right, step forward right
- 25-32 Step 1/2 turn, left rock and cross, right rock and cross, step lock step**
1-2 Step left forward, pivot 1/2 turn right
3&4 Rock left side left, replace weight right, step left in front of right
(Optional arm styling: take right arm down from center counter clockwise from 9 o'clock to 6 o'clock and clockwise back to 9 o'clock)
5&6 Rock right side right, replace weight left, step right in front of left
(Optional arm styling: take right arm down from center counter clockwise from 9 o'clock to 9 o'clock)
7&8 Step left forward, lock right behind left, step left forward
(Optional arm styling: take right arm down from center clockwise from 9 o'clock to 9 o'clock to 3 o'clock)

Start Again.

Email: jo@jjkdancin.com, Web: www.jjkdancin.com

Email:

schrank@bellso

uth.net