# Wat'z U'r Flava

Ebene: Intermediate

Choreograf/in: Sharon Orr (UK)

**Count:** 48

Musik: What's Your Flava? - Craig David

## KICK FORWARD BACK, SWIVEL, COASTER STEP, TOUCH OUT IN OUT

- 1-2 Kick right foot forward and straight back
- 3&4 <sup>1</sup>/<sub>2</sub> turn with swivels, swivel heels right left right as you turn
- 5&6 Right coaster step
- Touch left foot out to left side touch left next to right and touch out to left side 7&8

#### BEHIND SIDE IN FRONT, ROCK, BUMP HIPS TWICE, COASTER STEP, ROCK FORWARD AND BACK

- Step left behind right, step right to right side and step left in front of right 1&2
- 3&4 Rock right to right side and bump hips forward back forward
- 5&6 Right coaster step
- 7-8 Rock left foot over right and rock back onto right

#### 1 FULL TURN AND A HALF, WALK RIGHT, LEFT, ROCK FORWARD AND STEP BACK

- Turn 3 <sup>1</sup>/<sub>2</sub> turns over your right shoulder 1&2
- 3-4 Walk forward on right foot and then left foot
- Rock forward on your right foot step onto your left and step back onto right foot 5&6
- 7-8 Left coaster step

#### SKATE, SKATE SHUFFLE, SKATE, SKATE SHUFFLE

- 1-2 Skate right, skate left
- 3&4 Right diagonal shuffle
- 5-6 Skate left, skate right
- 7&8 Left diagonal shuffle making 1/4 turn to the left

### STEP TURN HITCH, COASTER STEP, KICK BALL TOUCH, KICK BALL TOUCH

- 1-2 Step forward on right foot, turn 1/2 turn to the left and hitch left foot
- 3&4 Left coaster step
- Right kick ball touch your left behind your right 5&6
- 7&8 Left kick ball touch your right behind left

#### BUMP HIPS, ROCK AND CROSS, KICK AND CROSS, UNWIND

- 1-2 Bump hips right twice
- 3&4 Step left to left side, step right to right side and cross left over in front of right
- Kick right foot and cross left over in front 5&6
- 7-8 Unwind 1 full turn over your right shoulder
- REPEAT





Wand: 4