Havin A Bad Day

Count: 32

Ebene: Intermediate

Choreograf/in: Kirsty Bycroft (AUS) - September 2005

Musik: Bad Day - Daniel Powter

(8 Count intro) Length of Music 3:54 Dance rotates 1/4 turn right each wall

Cross Rock. Side Across.Side. Behind. Side. Cross Rock. ¼ Turn. Full Turn Triple.

- 1 2& Rock Right over Left. Replace weight on Left. Step Right to Right side.
- 3&4& Step Left across Right. Step Right to Right side. Step Left behind Right. Step Right to Right Side
- 56& Rock Left over Right. Replace weight on Right. 1/4 turn Left. Step forward on Left
- Full turn Left triple step. (Facing 9 o?clock) 7&8

Step Pivot Step. Right Step Lock. Rock Replace. ½ Turn. Step Forward Right. ¼ Turn. Cross.

- Step forward Left. Pivot ¹/₂ turn Right. Step forward Left. (Facing 3 o?clock) 1&2
- 3&4 Step forward Right. Lock Left behind Right. Step forward Left. (1st restart)
- 5&6 Rock forward Left. Replace weight on Right. 1/2 turn Left. Step forward Left. (2nd & 4th restart)
- 7&8 Step forward Right. Turn ¼ Left. Replace weight on Left. Cross Right over Left. (Facing6 o?clock)

Rock.Replace.Cross Shuffle. ¼ Turn Right. Forward. Back. ½ Turn Hitch Forward. Back Hook.

- 1&2 Rock Left to Left side. Replace weight on Right. Cross Left over Right. &3&4 Step Right to Right. Cross Left over Right. 1/4 turn Right. Step forward Right. then Left. (9
- o?clock) Rock back Right. Step forward Left hitching Right knee ½ turn Left on ball of Left foot. (3) 5?6
- o?clock)
- 7?8 Step forward Right. Rock back Left hooking Right foot under Left knee. (3rd restart)

Right Step Lock. Sway. Sway. Side Together Side. Sway. Sway.

- Step forward Right. Lock Left behind Right. Step forward Right. 1&2
- 3?4 Sway hips Left. Sway hips Right.
- 5&6 Step Left to Left. Step Right together. Step Left to Left side.
- Sway hips Right. Sway hips Left. (Facing 3 o?clock) 7?8
- Start Again

There are four restarts:

1st Restart: Wall 4 Dance to Count 12. (&)Step together on Left. Restart facing 12 o?clock

2nd Restart: Wall 5 Dance to Count 14. (7 ? 8) Step forward Right. Turn ¼ Left Restart facing 6 o?clock 3rd Restart: Wall 7 Dance to Count 24. Restart facing 12 o?clock

4th Restart: Wall 8 Dance to Count 14. (7 ? 8) Step forward Right. Turn ¼ Left Restart facing 6 o?clock

NB: There is no & count on the 2nd and 4th restart.

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Wand: 4