To The Limit

Count: 40

Ebene: Improver

Choreograf/in: Jace Andrus (USA) - February 2007

Musik: Push It to the Limit - Corbin Bleu

The choreographer was age 9 when this dance was created

White Line Casanova by Brooks & Dunn [136 bpm Polka / Borderline] Or Music:

DROP RIGHT HEEL 3X, STEP RIGHT, TOUCH LEFT, DROP LEFT HEEL 3X, STEP LEFT, TOUCH RIGHT

- Touch right toe forward as you drop right heel 3 times (pushing both hands down 3x from 1-3 waist toward right foot with counts)
- &4 Step right next to left, touch left foot to left
- 5-7 Drop left heel 3 times (pushing both hands down 3x from waist toward right foot with counts)
- Step left next to right, touch right foot to right &8

STEP RIGHT, SAILOR LEFT, STEP LEFT, STEP RIGHT, SAILOR LEFT, STEP LEFT, STEP RIGHT, STEP LEFT

- Step right to right side (pushing both hands down from waist to left side) 1
- (Sailor step) step left behind right, step right beside left, step left to left 2&3
- Step right to right side (pushing both hands down from waist to left side) Δ
- 5&6 (Sailor step) step left behind right, step right beside left, step left to left
- 7-8 Step right next to left, step left next to right

BACK, SIDE, FRONT, LUNGE KICK, STEP, JAZZ BOX, LUNGE RIGHT (WITH SHOULDER), STEP

- 1&2 Step right behind left, step left beside right, step right in front of left
- 3 Jump into a lunge left with left foot, sliding and kicking right low kick to right
- 4 Step right across left
- 5&6 Step back left, step right next to left, cross left in front of right
- Jump into a lunge right with right, slightly sliding and kicking left low kick to left lifting right 7 shoulder
- 8 Step left next to right

REPEAT 3RD SET

1-8 Repeat 3rd set

STEP BACK RIGHT, LEFT, ¼ KNEE ROLL LEFT, WALK BACK RIGHT, LEFT, TURN ½ RIGHT, WALK **RIGHT, LEFT**

- 1-2 Step back right, step left next to right
- 3-4 With bent knees and heels raised, roll knees to left ¼ turn dropping heels on count 4
- Counts 5, 8 are kinda like the moon walk
- 5-6 Walk back right, left, sliding & dragging toes as you walk
- 7-8 Turn ½ right dragging right toes and step forward right, step forward left, dragging left toes

REPEAT

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Wand: 4