# Put Your Hands On My Waistline



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Amy Christian (USA) - June 2007

Musik: Get Mine, Get Yours - Christina Aguilera: (Album: Stripped)



#### 16 Count Intro.

## FWD SAILOR, COASTER STEP, CHASE TURN, TRIPLE FULL TURN

Step R foot across L foot, Step back on L foot, Step R foot to R side,
Step back on L foot, Step R foot next to L foot, Step fwd on L foot,
Step fwd on R foot, Pivot ½ turn left on L foot, Step fwd on R foot,
½ turn right on R foot, ½ turn right on L foot, Step fwd on R foot,

#### (Optional hand movements)

1&2 Cross palms, in front, facing up(1), Swing out hands to sides, palms still facing up(&2),

3&4 Swing hands back across again with palms facing down(3), Swing hands out to sides(&) Slap

hands on side of hips(4),

5-8 Leave hands on hips.

## SIDE ROCK CROSS X 2, HITCH, COASTER CROSS, BUMP X 2

Step R foot to R side, Recover on L foot, Step R foot across L foot, & Step L foot to L side, Recover on R foot, Step L foot across R foot,

4 Hitch R foot, Popping shoulders fwd,

Step back on R foot, Step L foot next to R foot, Step R foot across L foot,
Step L foot to L side as you bump left, Bump left again with weight on L foot,

(Optional hand movements)

7&8 Look left, Point R hand index & middle fingers to L side twice, as you bump left twice,

#### SAILOR ¼ TURN R, FWD MAMBO, ½ TURN R RUN, RUN, OUT, OUT, HIP ROLL ¼ TURN

1&2 Sweep R foot behind L foot, making ¼ turn right, Step L foot to L side, Step R foot to R side,

### (17&18 - The Big Finish, ends here).

3&4 Rock fwd on L foot, Recover back on R foot, Step back on L foot,

½ turn right on R foot, Step fwd on L foot,
Step R foot to R side, Step L foot to L side,
CCW Hip roll into ¼ turn left, (weight on R foot),

# COASTER CROSS, SIDE ROCK CROSS, CROSS SHUFFLE, 1/4 TURN R, KNEE POPS

Step back on L foot, Step R foot next to L foot, Step L foot across R foot,
 Step R foot to R side, Recover on L foot, Step R foot across L foot,

&5&6 Step L foot to L side, Step R foot across L foot, Step L foot to L side, Step R foot across L

foot,

6 ¼ Turn right, Stepping L foot next to R foot,

7&8 Look left, Pop knees out, in, out, as you push your chest out, in. out.

The Big Finish: Keep dancing right thru, till the end of the song. The beat will stop, but there will still be some (string) music. Finish with a bang on the ¼ turn Sailor Step, which will bring you to the front wall, Push chest fwd and hold that pose, (17&18).

## **ENJOY**

EMail / Website