

# Lonely Wins

Count: 44

Wand: 2

Ebene: Improver

Choreograf/in: Angela Rushing (USA) - August 2007

Musik: Lonely Wins - Billy Ray Cyrus : (CD: Wanna Be Your Joe)



## TWO HIPS RIGHT, TWO HIPS LEFT, WALK BACK, TOUCH

- 1&2 Bump hips to the right twice  
3&4 Bump hips to the left twice  
5-8 Walk right foot backward - right, left, right and touch

## WALK FORWARD, TOUCH, TWO HIPS RIGHT, TWO HIPS LEFT

- 9-12 walk left foot forward, left, right, left and touch  
13&14 Bump hips to the right twice  
15&16 Bump hips to the left twice

## HEEL SPLITS 4X, SKATE 4X

- 17&18 Keep weight on balls of feet move both heel out at the same time and then back together  
19&20 Repeat 17&18  
21 Skate right foot diagonal  
22 Skate left foot diagonal  
23&24 Keep weight on balls of feet move both heel out at the same time and then back together  
25&26 Repeat 23&24  
27 Skate right foot diagonal  
28 Skate left foot diagonal

## MONTEREY ½ TURN (TWICE)

- 29-32 Touch right toe to right side, on ball of left foot make ½ turn over your right shoulder and step onto your right foot, touch left toe out to the side, step left foot next to right.  
33-36 Repeat 29-32

## SHUFFLE FORWARD, SHUFFLE BACK

- 37&38 Right Shuffle forward - right, left, right  
39&40 Left Shuffle forward- left, right, left  
41&42 Right Shuffle Back- right, left, left  
43&44 Left Shuffle Back-left, right, left

## REPEAT

[EMail](#)