

Aggis 'n' Cakes

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Eddie Bolton (UK)

Musik: Maggie's Pancakes - The Sporrans Brothers



SUGARFOOT PATTERNS / HEEL SWITCH AND CLAPS TWICE

- 1-2 Touch left toe to right instep, touch left heel to right instep
&3-4 Quickly step in place on left foot, touch right toe to left instep, touch right heel to left instep
&5 Quickly step in place on right foot, touch left heel diagonally forward left
&6 Clap hands twice
&7 Quickly step in place on left foot, touch right heel diagonally forward right
&8 Clap hands twice

DIAGONAL SWITCH STEPS

- &1 Quickly step right foot in place, point left toe diagonally back left
&2 Quickly step left foot in place, touch right heel diagonally forward right
&3 Quickly step right foot in place, hitch left knee diagonally to left (left toe pointed down at calf level)
&4 Feather toe at calf level to front and back of calf, kick left foot to left diagonal

Option: kick left foot diagonally forward twice (just for us Ssassenachs)

- &5-8 Repeat counts &1-&4 again to right

Counts &4 &8 are done very quickly, you have 3 movements to do to 2 counts!

POLKA RUN / ROCK STEP / HIGHLAND FLING

- &1&2 With small hop on left foot, shuffle forward on right-left-right
3-4 Step left to left side, rock weight onto right foot
5&6 Kick left foot forward, step left in place, kick right foot diagonally forward
7-8 Cross right foot over left, unwind $\frac{3}{4}$ turn left

$\frac{1}{2}$ LEFT TURNING SHUFFLE / BACK SHUFFLE / $\frac{1}{2}$ RIGHT TURNING SHUFFLE / STEP $\frac{1}{2}$ TURN

- 1&2 Shuffle forward on right-left-right making a $\frac{1}{2}$ turn left
3&4 Shuffle back on left-right-left
5&6 Making a $\frac{1}{2}$ turn right shuffle forward on right-left-right
7-8 Step forward on left, pivot $\frac{1}{2}$ turn right (end with weight on right)

REPEAT

The choreographer wishes to dedicate this dance to Mary & Gordon Christie, who not only asked him to do the dance but coached him in some of the steps.