

Adiosjamaica

Count: 0

Wand: 4

Ebene:

Choreograf/in: June Yung (SG)

Musik: Jamaica Farewell - Hits Der 70er Trinidad



Sequence: AAB, AAB, AAB, AAAA

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SECTION A (START WITH VOCAL)

DOUBLE RUMBA BOX WITH TOUCHES

1-4 Step forward on right, touch left beside right, step left to left step right beside left

5-8 Step back on left, touch right beside left, step right to right, step left to left

CROSS, HOLD, STEP, STEP, CROSS, HOLD, STEP, STEP

1-4 Step forward on right across and over left, hold, step left to left, step right beside left

5-8 Step forward on left across and over right, hold, step right to right, step left beside right

STEP FORWARD, TAP, STEP ½ TURN, STEP FORWARD, TAP, STEP ¼ TURN

1-4 Step right forward, tap left toes behind right, step left foot down behind right, turn ½ right on right

5-8 Step left forward, tap right toes behind left, step down on right behind left, turn ¼ left on left

CROSS, POINT, CROSS, POINT, FORWARD, HOOK & HOP, TOUCH

1-4 Step right across and over left, point left toes to left, step left across and over right, point right toes to right

5-8 Step forward on right, hitch and hook left leg and hop on right foot, step down on left, touch right beside left

SECTION B (MUSIC ONLY NO VOCAL)

RIGHT CROSS POINT, POINT SIDE, SWEEP ¼ TURN, LEFT CROSS POINT, POINT SIDE, SWEEP ¼ TURN

1-2 Point right in front and across left, point right to right side

3&4 Sweep right behind left, turning ¼ to left on left, step right beside left

5-6 Point left in front and across right, point left to left side

7&8 Sweep left behind right, turning ¼ to right on right, step left beside right

ROCK, CROSS, SHUFFLE WITH ¼ TURN, ¼ TURN, ¼ TURN, LOCK SHUFFLE FORWARD

1-2 Step right to right, step left behind right

3&4 Shuffle right, left, right turning ¼ to right

5-6 Step left foot forward, turning ¼ to right, step right forward turning ¼ right

7&8 Step left forward, lock right behind step left forward

WALK X 3 HOLD, JAZZ BOX

1-4 Walk forward on right, left, right swaying body from right, left then right again, hold

When walking, put up your hand above your head and wave good-bye

5-8 Step left over right and across, step back on right, step to left to left, step right next to left

WALK X 3, HOLD, JAZZ BOX

1-4 Walk forward on left, right, left swaying body to left, right then to left again, hold

When walking, put up your hand above your head and wave good-bye

5-8 Step right over and across left, step back on left, step right to right, step left next to right