# **About Time**



Count: 48 Wand: 4 Ebene: Intermediate

Choreograf/in: Claire Pulpher (UK)

Musik: Power of a Woman - Eternal



## COASTER STEP, PRESS, TWIST HEELS TWICE

1&2& Step right foot back, bring left next to right, step right foot forward, press left foot forward

3&4 Twist both heels left, right, left

5&6& Step left foot back, bring right next to left, step left foot forward, press right foot forward

7&8 Twist both heels to the right, left, right

# WALK, COASTER STEP BACK, ½ TURN TO RIGHT, STEP, CLICK, LEFT CHASSE WITH TAP

1-2 Walk back, right, left

Step right foot back, bring left foot next to right, step right foot forward Step left foot forward on &, pivot a half turn over the right shoulder

6 Step left foot forward

Optional: click fingers to the left and look to the left

7&8 Step right foot to the right side, bring left next to right, tap right foot to right side

#### SYNCOPATED JAZZ BOX, HOLD, SYNCOPATED JAZZ BOX, HOLD

1 Cross right foot over left

2&3 Step left foot back, step right foot to right side on &, tap left foot next to right

&4 Hold

#### Optional: lift shoulders up on & and down on 4

5 Cross left foot over right

Step right foot back, step left foot to left side, tap right foot next to left

&8 Hold

Optional: lift shoulders on & and down on 8

# ROCK, RECOVER, 1 1/4 TURN TO RIGHT TRIPLE STEP, ROCK, RECOVER, COASTER STEP

1-2 Rock right foot forward, recover weight back onto left foot

3&4 Step right foot a half turn to the right, step left foot a half turn over right shoulder, step right

foot a quarter turn to the right

#### The turn is done on the spot

#### Optional: if preferred, you can dance a quarter turn triple step to the right.

5-6 Rock left foot forward; recover weight back onto the right foot 7&8 Step left foot back; bring right foot next to left, step left foot forward

## TOE SWITCHES, SIDE MAMBO, LEFT LOCK STEPS BACK, SIDE MAMBO

1&2& Point right foot to right side, switch and point the left foot to the left side

Rock right foot to right side; recover weight back onto the left, step right foot next to left Step left foot back, cross right foot over left, step left foot back, cross right foot over left Rock left foot to left side; recover weight onto right foot, bring left foot next to right

# WALK, MAMBO FORWARD, JUMP BACK, HIPS

1-2 Walk forward, right, left

3&4 Rock right foot forward, recover weight back onto left, tap right foot next to left

&5 Jump back, right foot steps back, left foot steps back

6 Bump hips to the right 7&8 Bump hips left, right, left

#### **REPEAT**

