

About It

Count: 44

Wand: 4

Ebene: Beginner

Choreograf/in: Achim Daß (DE) & Anke Daß (DE)

Musik: About the South - Rodney Atkins



TOE HEEL TAPS, SHUFFLE, ROCK STEP

- 1-2 Touch right toe right, heel drop down
- 3-4 Touch left toe across right foot, heel drop down
- 5&6 Right foot to right, left foot next to right foot, right foot right
- 7-8 Left foot behind right foot (5 position), weight back on right

TOE HEEL TAPS, SHUFFLE, ROCK STEP

- 9-16 Repeat 1-8 opposite

ROCK STEP, CROSS SHUFFLE

- 1-2 Rock right to right side, recover weight onto left
- 3&4 Step right across left, step left to side, step right across left
- 5-8 Repeat 1-4 opposite

TRAVELING TOE HEEL SWIVELS, SHUFFLE, ROCK STEP

- 1 Swiveling left heel to the right, touch right toe next to left foot
- 2 Swiveling left toe to the right, touch right heel next to left foot
- 3-4 Repeat 1-2
- 5&6 Step right foot forward, left foot next to right foot, right foot forward
- 7-8 Step left in front right foot (3. Position), rock back on right foot

STEP, TURN, SHUFFLE, ROCK STEP, STEP, TURN

- 1-2 Step back left foot, $\frac{1}{4}$ turn (9:00)
- 3&4 Step right foot forward, left foot next to right foot, right foot forward
- 5-6 Step left in front right foot (3rd position), rock back on right foot
- 7-8 Step back left foot, $\frac{1}{2}$ turn (3:00)

JUMP, HIP ROLL

- &1 Jump forward (feet shoulder width apart)
- 2-4 Hip roll (weight ends on left)

REPEAT
