

# Short Train

Count: 40

Wand: 2

Ebene: Beginner

Choreograf/in: Wanda Heldt (AUS) - 2004

Musik: Longtrain Running - Bananrama



Or Music: Achy Breaky Heart by Billy Ray Cyrus & will fit to most music

Split Floor: Who Did You Call Darling

## RIGHT VINES WITH HIPS SWAYS

- 1-4 Step Right, Left behind Right Left, Step Right, Hold on count 4
- 5-8 Sway Hips Left, Right, Left, Right - [Weight on Right]

## LEFT VINES WITH HIPS SWAYS

- 1-4 Step Left, Right behind Left, Step Left, Hold on count 4
- 5-8 Sways Hips Right, Left, Right, Left - [Weight on Left]

## RIGHT & LEFT SKATES FORWARD, WITH HOLDS

- 1-2 Step R forward at [2:00] Step Left forward at [1:00]
- 3-4 Step R forward at [2:00], & Hold - [Wt. on R]
- 5-6 Step L forward at [1:00], Step Right forward at [2:00]
- 7-8 Step L forward at [1:00], & Hold - [Wt. on L]

## WALK BACK RIGHT & LEFT, WITH HITCH

- 1-4 Walk back Right, Left, Right, Hitch Left Knee
- 5-8 Walk back Left, Right, Left, Touch Right toe next to Left

## 1/4 MONTERYS TO THE RIGHT

- 1-2 Point Right Toe to side, Step leg in & Pivot 1/4 Right
- 3-4 Point Left Toe to the side, bring leg back [Wt. on L]
- 5-6 Point Right Toe to side, Step leg in & Pivot 1/4 Right
- 6-8 Point Left Toe to the side, bring leg back in [Wt. on L]

## RESTART: DANCE WITH ATTITUDE - HAVE FUN