All That And All Mine

Ebene: Intermediate

Choreograf/in: Lucy Strack (USA) & Betty Maddox (USA)

Musik: She's All That - Collin Raye

FORWARD HIP BUMPS RIGHT-LEFT, RIGHT KICK-STEP-BACK 2X

- Bump right hip up, walk forward 1-2
- 3-4 Bump left hip up, walk forward
- 5&6 Kick right foot forward, kick right foot back and step down, step left foot next to right foot
- 7&8 Repeat counts 5&6

Count: 32

RIGHT LUNGE, RIGHT TOE POINTS 4X, RIGHT SAILOR STEP

- 1-2 While placing hands on hips, lunge slightly to the right on right foot, recover to upright position and drop hands from hips
- 3-4 Kick right foot forward, kick right foot out at 1:00
- 5-6 Kick right foot out at 2:00, then at 3:00
- Sweep right foot behind left and step down, step down on left foot, return right foot along left 7&8 foot

SYNCOPATED LEFT SIDE STEPS 2X, ¾ TURN TO THE LEFT, BEND THEN STRAIGHTEN KNEES

- &1-2 Small side step to the left on left foot, step right foot next to left foot, hold
- &3-4 Repeat counts &1-2
- Step down on left foot, cross right foot over left foot, unwind and make a 3/4 turn to the left &5-6 (you will be standing with left foot cross in front of right foot)
- 7-8 Bend knees down, straighten knees

STEP FORWARD RIGHT-LEFT-RIGHT WITH BODY ROLL, STEP FORWARD LEFT-RIGHT-LEFT FINISH BODY ROLL, HAND AND KNEE MOVEMENTS

- While stepping forward diagonally right-left-right, rotate upper body forward in a counter to 1&2 the right direction
- 3&4 Finish counter to the right body roll while stepping forward diagonally left-right-left
- Extend both arms forward with 2nd finger of both hands pointed out while popping right knee 5-6 out, extend both arms sideways with fingers facing you and thumbs pointing sideways while popping left knee out
- 7-8 Point both thumbs towards your chest while popping right knee out, hold on count eight

REPEAT





Wand: 4