

# All My Life

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Terry Mchugh (UK)

Musik: Waiting All My Life - Rascal Flatts



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## **CROSS RIGHT OVER LEFT, STEP LEFT TO LEFT SIDE, SHUFFLE ½ TURN RIGHT CROSS ROCK, SHUFFLE LEFT WITH ¼ TURN LEFT**

- 1-2 Cross right over left, step left to left side
- 3&4 Shuffle ½ turn right, right left, right
- 5-6 Cross rock left over right, recover on right
- 7&8 Turn left foot ¼turn left, and shuffle forward left, right, left

## **SWEEP RIGHT LEG ½ TURN, POINT RIGHT TOE TO RIGHT SIDE, CROSS MAMBO, SAILOR STEPS TWICE**

- 1-2 Sweep right leg out and around ½ turn left, point right toe to right side
- 3&4 Cross right over left, step left in place, step right beside left
- 5&6 Cross left behind right, step right beside left, step left in place
- 7&8 Cross right behind left, step left beside right, step right in place

## **FULL TURN RIGHT ½ TURN RIGHT, CROSS MAMBOS TWICE (TRAVELING FORWARD)**

- 1-2 Step forward on left, turn ½ right, step back on right, turn ½ right
- 3-4 Step forward on left, turn ½ right
- 5&6 Cross left over right, step right in place, step left beside right (traveling forward)
- 7&8 Cross right over left, step left in place, step right beside left(traveling forward)

## **FORWARD ROCK, LOCK STEPS BACK, ½ TURN RIGHT, COASTER STEP**

- 1-2 Rock forward on left, recover on right
- 3&4 Lock steps back, left, right, left
- 5-6 Step back on right, swivel ½ turn right
- 7&8 Step back on right, step left beside right, step forward on right(weight on left)

**REPEAT**

**RESTART**

Start dance from the beginning after count 16 on wall four

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