

All Messed Up

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Bob Bonett (USA)

Musik: Mess Me Around - JW Houston



STEP RIGHT TO SIDE, TOGETHER LEFT, SIDE SHUFFLE, ROCK RECOVER, COASTER

- 1-2 Step right to side, step left next to right
- 3&4 Side shuffle right left right
- 5-6 Rock forward left, step right in place
- 7&8 Step back left, together right, step forward left

STEP PIVOT, SHUFFLE, SIDE ROCK, RECOVER, ¼ TURN SHUFFLE

- 9-10 Step forward right ½ pivot to left
- 11&12 Forward shuffle right left right
- 13-14 Rock to left, recover right
- 15&16 Turn ¼ left shuffle left right left

¼ TURN, ¼ TURN, COASTER, ¼ TURN ¼ TURN, COASTER

- 17-18 Step forward right turning ¼ to the right, step forward left turning ¼ to the right
- 19&20 Step back right together left, step forward right
- 21-22 Step forward left turning ¼ counter to the right, step forward right turning ¼ counter to the right
- 23&24 Step back left, together right, step forward left

STEP ¼ STEP ¼ SHUFFLE ½ TURN ROCK RECOVER, SIDE SHUFFLE

- 25-26 Step right to side with ¼ turn to right on ball of right, turn ¼ turn to right stepping on left
- 27&28 ½ turn right left right shuffle to right
- 29-30 Rock left over right, step right in place
- 31&32 Side shuffle left right left

ROCK RECOVER ½ TURN SHUFFLE, ROCK RECOVER ½ TURN SHUFFLE

- 33-34 Rock right over left, step left in place
- 35&36 ½ turn right shuffle to right
- 37-38 Rock left over right
- 39&40 ½ turn left shuffle to left

DIAGONAL STEP DIAGONAL SHUFFLE, DIAGONAL STEP DIAGONAL SHUFFLE

- 41-42 Step diagonally forward right together left
- 43&44 Shuffle diagonally forward right left right
- 45-46 Step diagonally forward left together right
- 47&48 Shuffle diagonally forward left right left

REPEAT
