All Messed Up



Count: 64 Wand: 4 Ebene:

Choreograf/in: Max Perry (USA)

Musik: All Messed Up - Joey Reed



1-4	2 heel splits
5-8	(Right hook), touch heel forward, hook in front, touch heel forward, together
1-4	2 heel splits
5-8	(Left hook), touch heel forward, hook in front, touch heel forward, together
1-4	Vine right, scuff
5-8	Vine left, scuff
1-4	Step side, stomp together, step side, stomp together
5-8	Step forward & turn ¼ to left, in place, kick forward twice
1-4	Step back, back, back, touch toe back
5&6	Left shuffle forward
7&8	Right shuffle forward
1-4	Rock step forward, in place & clap, rock back, in place & clap
5-8	Rock step forward, in place & clap, rock back, in place & clap
1&2	Left shuffle forward
3-4	Rock forward, in place
5-8	(1-1/2 pivot right), turn 1/2 right as you step forward, turn 1/2 right as you step back, turn 1/2 right
	as you step forward, together
1-8	Touch heel forward, together, touch heel forward, together, touch heel forward, together, touch heel forward, together

REPEAT