All Kabobiled



Count: 64 Wand: 4 Ebene: Improver

Choreograf/in: Bryan McWherter (USA)

Musik: Mixed up Mess of a Heart - Danni Leigh



HEEL SPLITS, HITCHES

1-2	2 (On balls c	of both fe	el split	heels.	brina	heels	back together

3-4 Repeat 1-2

5-6 Present right heel forward, hitch right leg in front of left leg 7-8 Present right heel forward, flick right leg out to right side

On counts 5-8, weight should remain on left

HITCHES

7-8

1-2	Present right heel forward, hitch right leg in front of left leg
3-4	Repeat steps 1-2 of this section
5-6	Step forward onto right foot, hitch left leg behind right

Step back onto left foot, hitch right leg in front of left

STEP LOCKS WITH BRUSHES

1-4	Step right foot forward, lock left foot behind right, step right forward, brush left next to right
5-8	Step left foot forward, lock right foot behind left, step left forward, brush left next to left

STEP 1/2 TURN, WALKS

1-2	Step forward onto the ball of the right foot, hold
3-4	Make a ½ turn to your left putting weight on left, hold
5-8	Walk forward right, left, stomp right next to left, hold

TOE FANS, TOES, HEELS, HEELS, TOES

1-2	With weight on right heel fan right toe out, bring right toe in
3-4	With weight on left heel fan left toe out, bring left toe in
5-6	On the heels of both feet fan both toes out, on the toes of both fe

On the heels of both feet fan both toes out, on the toes of both feet fan both heels out

On the toes of both feet fan both heels in, on the heels of both feet fan both toes in

On count 8 you should be in a home position

STEP SLIDES, VINE 1/4 TURN

1-2	Step right foot out to right side, slide & step left foot next to right
3-4	Step right foot out to right side, slide & step left foot next to right

5-8 Step left foot out to left side, step right foot behind left, step left foot out ¼ turn to the left,

brush right foot next to left

VINE RIGHT, VINE LEFT

1-4 Step right foot out to right side, step left foot behind right, step right foot out to right side,

brush left foot next to right

5-8 Step left foot out to left side, step right foot behind left, step left foot out to left side, stomp

right foot next to left

KICK BALL CHANGE, WALK, STOMP

1-4 Kick right foot forward, step right foot back, step left foot next to right, hold

5-8 Step forward right, step forward left, stomp right next to left, hold

Weight should be on both feet

REPEAT

