

# All For You

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Dean Gambino (USA)

Musik: All for You - Janet Jackson



## SCUFF, HITCH, STEP(TO RIGHT SIDE), KNEE BENDS, CROSS, UNWIND ½ TURN RIGHT, HIP BUMPS, KICK

- 1&2 Scuff right foot, hitch right knee, step to right side, (knees slightly bent and arms across chest, fingers touching, palms down)
- 3&4& (Leaving hands so as to show upward movement), knee bends down, up, down, up, (weighting right foot)
- 5-6 Cross left foot over right, unwind ½ turn right.(weighting left foot)
- 7&8 Hip bumps right-left, kick right foot (to right forward oblique)

## VINE RIGHT, SIDE STEP RIGHT, HITCH, CROSS TOUCH LEFT HEEL, HITCH, TOUCH BACK LEFT TOE, HITCH, CROSS LEFT OVER RIGHT, SWIVEL ½ TURN RIGHT

- 1-3 Step right to right side, left behind, right to right side
- &4&5 Hitch left knee, touch left heel across right foot (at 45 angle right), hitch left knee, touch left toe back (at 45 angle left)
- &6 Hitch left knee, cross left over right
- 7&8 Swivel heels ¼ left, ¼ right, ½ left (weighting left), (right foot should be forward)

## MASHED POTATOES IN PLACE, TOUCH RIGHT BACK, ½ TURN RIGHT, SCUFF, HITCH STEP LEFT FORWARD

- &1&2 (On the balls of your feet), swivel heels out, swivel heels in with right foot in front of left swivel heels out, swivel heels in with right foot behind left
- &3&4 (On the balls of your feet), swivel heels out, swivel heels in with right foot in front of left keeping right in front of left, swivel heels out, swivel heels in
- &5-6 (On the balls of your feet), swivel heels out, touch right toe back, pivot ½ turn right (weighting right)
- 7&8 Scuff left foot, hitch left knee while scooting forward on right, step left forward (do not take weight)

## BODY ROLL FORWARD 45 LEFT, BODY ROLL BACK 45 RIGHT, LEFT SIDE ROCK STEP, ¼ TURNING SAILOR LEFT

- &1-2 Forward roll left shoulder to left hip, (weighting left foot)
- &3-4 Back roll right shoulder to right hip, (weighting right foot)
- 5-6 Step left foot to left side, recover weight to right foot
- 7&8 Step left behind right, right to right side, ¼ turn left stepping left forward

## REPEAT