

# Alive And Free

**COPPER KNOB**  
STEPPERS

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Ronnie James (UK)

Musik: Who Wouldn't Wanna Be Me - Keith Urban



## **SIDE, TOGETHER, RIGHT CHASSE, ROCK BACK, RECOVER, LEFT CHASSE**

- 1-2 Step right to side, step left next to right
- 3&4 Chasse right on right, left, right
- 5-6 Rock back on left, recover on right
- 7&8 Chasse left on left, right, left

## **CROSS, SIDE, BEHIND, ROCK, RECOVER, CROSS, RIGHT CHASSE**

- 9-12 Cross right over left, step left to side, cross right behind left, rock left on left
- 13-14 Recover on right, cross left over right
- 15&16 Chasse right on right, left, right

## **ROCK BACK, RECOVER, STEP FORWARD, ½ TURN, LEFT CHASSE, ROCK BACK, RECOVER**

- 17-20 Rock back on left, recover on right, step forward on left, ½ turn right on to right
- 21&22 Chasse left on left, right, left
- 23-24 Rock back on right, recover on left

## **MONTEREY ½ TURN, RIGHT CHASSE, ROCK BACK, RECOVER**

- 25-26 Touch right to side, on ball of left make ½ turn right
- 27-28 Touch left to left side, step left next to right
- 29&30 Chasse right on right, left, right
- 31-32 Rock back on left, recover on right

## **SHUFFLE FORWARD, STEP FORWARD, ½ TURN, SHUFFLE FORWARD, STEP FORWARD, ½ TURN**

- 33&34 Shuffle forward on left, right, left
- 35-36 Step forward on right, ½ turn left on to left
- 37&38 Shuffle forward on right, left, right
- 39-40 Step forward on left, ½ turn right on to right

## **SKATE FORWARD TWICE, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, ¾ TURN**

- 41-42 Skate forward on left and right
- 43&44 Shuffle forward on left, right, left
- 45-46 Rock forward on right, recover on left
- 47&48 ¾ turn right on right, left, right

## **ROCK FORWARD, RECOVER, COASTER STEP, ROCK FW D, RECOVER, SHUFFLE ½ TURN**

- 49-50 Rock forward on left, recover on right
- 51&52 Step back on left, step right next to left, step forward on left
- 53-54 Rock forward on right, recover on left
- 55&56 Shuffle ½ turn right on right, left, right

## **TURN, TURN, SHUFFLE FORWARD, ROCKING CHAIR**

- 57-58 ½ turn right stepping back on left, ½ turn right stepping forward on right
- 59&60 Shuffle forward on left, right, left
- 61-64 Rock forward on right, recover on left, rock back on right, recover on left

## **REPEAT**

