

Alien Boogie

Count: 36

Wand: 4

Ebene: Intermediate

Choreograf/in: Jamie Milne

Musik: Men In Black - Will Smith



Jamie was age 10 when this dance was written

SIDE SHUFFLE, ROCK STEP, HEEL DIGS, SIDE SHUFFLE

- 1&2 Step left foot to left side, step right beside left, step left foot to left side
3-4 Rock back on right foot, rock forward onto left
5-6 Touch right heel forward twice
7&8 Step right foot to right side, step left beside right, step right foot to right

ROCK STEP, HEEL DIG, SHUFFLE BACK, ROCK STEP

- 9-10 Rock back on left foot, rock forward onto right
11-12 Touch left heel forward, step left back in place
13&14 Step back on right, step left beside right, step back on right
15-16 Rock back on left, rock forward onto right

LEFT SHUFFLE FORWARD, STOMPS, KNEE SWAYS

- 17&18 Step forward on left, step right beside left, step forward on left
19-20 Stomp right foot, stomp left foot
21 With knees together swing knees to right
22 With knees together swing knees to left

RIGHT GRAPEVINE WITH ¾ TURN, ROCK BACK, RIGHT SHUFFLE FORWARD

- 23-24 Step right on right foot, cross left behind right
25-26 Step right on right foot, pivot ¾ turn right and step back on left
27-28 Rock back on right, rock forward on left
29&30 Step forward on right, step left beside right, step forward on right

STOMP LEFT, STOMP RIGHT, ARM & KNEE SWINGS

- 31-32 Stomp left, stomp right
33-36 Swing arms and knees out and in simultaneously for 4 counts

REPEAT

Repeat counts 1-36 five times, plus counts 1-28 again. Then dance the following BOUNCES, WALK FORWARD, WALK BACK, NECK MOVES

- 1-8 With feet together bounce from right to left for 8 counts
9-10 Step right on right foot, slide left beside right
11-12 Step left on left foot, slide right beside left
13-14 Step right on right foot, slide left beside right
15-16 Step left on left foot, slide right beside left
17-20 Walk forward, right, left, right, touch left beside right
21-24 Walk back left, right, left, stomp right beside left
25-28 Stand straight and move neck forward and back for 4 counts
29-32 Point left foot and left hand to left side and hold for 3 counts